

Due to COVID-19, the ISHP Annual Fall Meeting will once again be virtual
October 9 & 10th, 2021
Details and registration will be provided soon

ISHP Newsletter

Volume 31 #3

August 2021

**Idaho Society of
Health-System
Pharmacists**
Newsletter Volume 31 # 3



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President's Message

**Andrea Winterswyk
ISHP President**



Greetings ISHP members!

September... I am sure I'm not the only one who feels that the fact that it is already September of 2021 is surreal. The past year has been filled with growth, adversity, challenges, and a lot of change. (A LOT). Change can be difficult, and change can be uncomfortable, but I am a steadfast believer that with change always comes opportunity. Today as I write this to you, I challenge you to find the opportunity in the change that comes your way – make it something beautiful, as often as you can. ISHP is no stranger to change - Since our last newsletter in May, we as a Board have had to make the difficult decision to transition once again to a virtual venue for our Annual Fall meeting, as our members and our community is heavily burdened with damage from the COVID-19 Delta variant. We are going to do everything we can to make this into a beautiful opportunity in every way possible. Changing to a virtual meeting after nearly completing the planning for an in-person event is no small feat, and I want to recognize our committees and board members who have steered us through. Our **Education Committee**, led by **Anna Hoenke** and **Leslie Lamontagne**, has been hard at work coordinating the new fall curriculum. **Mikaela Elwell**, our Professional Affairs chair, will be ensuring our Virtual Poster Session and Awards Ceremony are ready to rock n' roll. Finally, thank you to **Caroline Merritt**, our Executive Director, who has continued to help us connect with other organizations in our community, as well as championing much of the logistics of the transition.

Our ISHP Board has been hard at work this summer! Thank you to our Legislative Affairs chair, **Lindsey Hunt**, for coordinating and meeting with Idaho state legislators to discuss support of the Pharmacy and Medically Underserved Areas Enhancement Act in both the House and Senate.
(Continued on page 3)

**2020 – 2021 ISHP
Officers and Directors:**

President:	Andrea Winterswyk
President-elect:	Elaine Nguyen
Past President:	Chris Oswald
Secretary/Treasurer:	Nitza Bankova
Executive Director:	Caroline Merritt
Administrative Affairs:	Leanne Ertle
Education:	Anna Hoenke
Programs:	Leslie LaMontagne
Legal & Public:	Lindsey Hunt
Professional Affairs:	Mikaela Elwell
Student Representatives:	Meridian – Matthew Shin Pocatello – Zach Larson
Technician Representative:	Annie Knudsen
ISU College of Pharmacy Representative:	Jordan Ferro
Central Idaho Representative:	Vacant
Northern Idaho Representative:	Vacant
Newsletter Editor:	Kent Quickstad
Website Chair:	Vacant
ASHP Liaison:	Anne Policastri

EZ contact information:

All of these Officers and
Directors can now be
reached at one place!

ishpcontact@gmail.com



ISHP Meetings

Fall – October 9 and 10th, 2021
Virtual

Spring – Dates TBD
Boise

*The mission of ISHP
is to promote the highest levels
of pharmacy practice by our
members*

Leanne Ertle, our Administrative Affairs chair, has been ensuring the Sustainability pillar of our Strategic Plan is keeping up with the modernization of ISHP through multiple policy revisions, and working with **Chris Oswald** to establish standardization in our Board of Directors/Volunteers onboarding materials. Our Technician Affairs chair **Annie Knudsen** has worked all summer to establish renewed connections with Idaho technician training programs, to provide resources for new graduates and further support our Idaho Pharmacy Professionals. The **I-LEAD Fellows** have finished their collective focal project for the year, and I am SO EXCITED to tell you all about it... but no spoilers here – You'll have to join me at the Fall Meeting for the big announcement. We are thankful for the efforts of the Fellows in both invigorating and refreshing key components of our organization as we head into 2022. (*No, it's not ISHP branded soap – but that could be a fun project in the future!*) Finally, thanks to **Jordan Ferro** sharing his passion for the importance of professional involvement with the incoming P1 class at the 2021 ISU White Coat Ceremony. Sending out a big WELCOME to the **ISU Pharmacy Class of 2025!**

Next, I want to take a moment to recognize the Executive Committee. President-Elect **Elaine Nguyen**, Immediate Past President **Chris Oswald**, Secretary-Treasurer **Nitz Bankova**, and Executive Director **Caroline Merritt**. As was announced in the May newsletter, my family welcomed a baby girl to our family this spring. The ISHP Executive committee provided me with the opportunity to care for my daughter, fully covering my duties to the organization. I cannot thank each of you enough for that precious time. Thank you to our Board of Directors – You are an incredible group of professionals, and I've enjoyed working with you all. Thank you to our **ASHP Delegates**, our **ISU Representative**, and our **ISU Student Representatives** – Your commitment to keeping ISHP involved in crucial conversations both across the state and nationally is incredible. Finally, a very special thank you to our beloved **Kent Quickstad**, for producing our organizations quarterly newsletter – Kent, you are one of a kind and we appreciate you so much.

And now, I will close my final President's message with an invitation to our virtual Annual Fall MMeeting and request for your continued support of ISHP. While we may not be together in person in Sun Valley in October, we will do our very best to find opportunity in change. With a little more virtual experience and a lot of excitement, ISHP hopes to provide a meaningful way to gather virtually with your colleagues and grow together. I hope you all join us for the events we have planned. Your support of ISHP allows us to keep pharmacy moving forward in Idaho. Thank you for supporting ISHP and for allowing me the opportunity to lead this organization for the past year. It has truly been an honor.

Sincerely,



Andrea Winterswyk, PharmD, BCPS, BCPP
President, Idaho Society of Health System Pharmacists

ASHP meetings gone virtual

By now you have probably heard that due to ongoing concerns with the COVID-19 situation, ASHP has gone to a virtual format with the following upcoming national meetings:

Midyear Clinical Meeting & Exhibition National Pharmacy Preceptors Conference
Conference for Pharmacy Leaders

For the full announcement of these changes from ASHP CEO Paul Abramowitz, please [click here](#).



ISHP Fall Conference

**Due to COVID-19
our Annual Fall Meeting will once again be virtual**



October 9 and 10th

**Stay tuned for more details
Registration opens soon**



The Idaho Society of Health-System Pharmacists Board of Directors has been closely following COVID19 cases and trends these past few weeks. Recently, after much deliberation and reviewing data available from the CDC and the Idaho Division of Public Health, as well as local discussions with our Infectious Disease colleagues throughout the state, we have made the difficult decision to transition from an in-person conference to a virtual conference for the Fall 2021 conference. We are currently working with speakers to finalize the schedule. What we have currently planned:

- **When:** Conference will be October 9 and 10th
- **Number of CE hours:** currently 10 hours are planned for both pharmacists and technicians
- **Topics Include:** Pharmacy Law, New Drug Updates, BioFire and Geriatric Considerations

Please watch out for emails, Instagram and Facebook posts as we will be providing up to date information with the finalized schedule. We appreciate all the members for their patience as we navigate this quick conference change, hopefully we can all be together safely in the Spring!

New Board Members 2021 – 2022

Congratulations to the following members who were elected to fill open positions on the ISHP Board of Directors for 2021 – 2022.

President-Elect
Katie Erickson

Professional Affairs Chair
Jennifer Adams

Programs Chair
Leslie LaMontagne

Technician Rep
Jessica Whipkey



They will be inducted into their new positions during the annual Fall Business meeting in October. Congratulations and thank you for volunteering to serve ISHP!

Legal & Public Affairs

Lindsey Hunt

The legislative session will be here before we know it. Please email ISHPcontact@gmail.com if you are interested in joining the **Professional Relations Committee** for 2021-2022 or would like to submit an issue you think ISHP should legislatively pursue.



Here are a couple of issues that are notable:

The Board of Pharmacy is considering eliminating CE requirements for licensure. If you have a strong opinion on this, then we encourage watch Board Meeting agendas to ensure your voice is heard when that topic is discussed.

We plan to work with the Idaho Society of Clinical Oncology on legislation to reduce payer mandated **white bagging** where it negatively impacts patient care. For outpatient infused drugs, coverage for the drug is moved from the Medical Benefit (similar to hospitalized patients) to the Pharmacy Benefit (similar to retail). White Bagging requires the medication to be supplied by a specialty pharmacy designated by the payer and is shipped directly to the provider where infusion will take place. For more information on White Bagging, consider listening to this ASHP podcast:

<https://podcasts.apple.com/us/podcast/ashpofficial/id1483670125?i=1000507609263>



I-LEAD Leadership Corner

I-LEAD Accepts Largest Class to Date

The Idaho Pharmacy Leadership Certificate Program (I-LEAD) is pleased to announce that eight new fellows have been formally accepted into the class of 2022, making it the largest and most diverse class yet!

BACKGROUND: I-LEAD is a joint program with ISHP and ISU College of Pharmacy that provides learning experiences for practicing pharmacists and pharmacy technicians, allowing them to develop and strengthen their leadership skills and abilities.

I-LEAD Fellow Activities Include:

- Twice monthly seminars covering a range of leadership topics
- Opportunity to lead discussion sessions with ISU College of Pharmacy students
- Involvement and hands-on experience working with ISHP board members and committees.

I-LEAD fellows will not only learn new concepts and skills but will also find new ways to apply them in their own practice. By helping to expand each fellow's knowledge and skill base, I-LEAD works to foster innovation, growth and sustainability for their own careers and as well as that of the profession of pharmacy.

CLASS OF 2022: The class of 2022 is comprised of eight incoming fellows, each with different backgrounds, and different locations from across Idaho.

Class of 2022 Fellows	Practice Site
Jessica Corbridge, PharmD	Teton Cancer Institute
Anushka Burde, PharmD	ISU College of Pharmacy
Leti Juarez, PharmD	Intermountain Hospital/Rite Aid Pharmacy
Cheyenne Hastings, CPhT	St. Luke's Cancer Institute
Laura Spoutz, PharmD	VISN 20/Boise VA
Lexi Enrico, CPhT	St. Luke's Cancer Institute
Eddie Garcia, CPhT	Mountain View Hospital
Tricia Aggers, PharmD	Vibra Hospital of Boise

NEXT STEPS: The new class will kick things off in September with a virtually orientation and meet and greet. Then in October the group plans to meet for the I-LEAD retreat that coincides with the ISHP Fall Conference!

CLASS OF 2021 GRADUATION: Before we get too far ahead of ourselves, let's not forget our strong class of 2021, all of whom are on track to graduate this fall. Our fab five fellows of 2021 have not only taken on the difficult year of COVID-19 but have also held on to complete their I-LEAD certificate requirements. They are currently finishing up Quarter 4, Leading Others, ending in August. In October they will be formally recognized during the fall ISHP Business Meeting.

Class of 2021 Fellows	Practice Site
Sarah Hogue, PharmD	St. Luke's Cancer Institute
Heather Walser, PharmD	Boise VA
Nicki Chopski, PharmD	Idaho Board of Pharmacy
Jessica Whipkey, CPhT	St. Luke's Cancer Institute
Leanne Ertle, PharmD	Boise VA

MORE INFO: Interested in I-LEAD? Check out the I-LEAD webpage at [Idaho Society of Health-System Pharmacists - I-LEAD \(wildapricot.org\)](http://Idaho Society of Health-System Pharmacists - I-LEAD (wildapricot.org)) for information about the program, additional info about the I-LEAD faculty consisting of Barb Mason (ISU COP), Chris Oswald (Saint Alphonsus) and Lindsay Crawford (SLHS Nampa) or feel free to reach out to the I-LEAD administrative team of Lindsey Hunt (Lindsey.Hunt@va.gov) or Rob Wills (willsr@slhs.org) for more information.



Our apologies for the August newsletter arriving in your mailboxes in September

Holding off as long as we could, the change from an in-person to a virtual fall meeting has involved a lot of work and re-work. Please continue to monitor your e-mail for meeting updates and registration. Thank you.



ASHP House of Delegates

This past June 6th and 8th the online meetings for the 73rd session of the **ASHP House of Delegates (HOD)** meet virtually for the first and second meetings, respectively. Both of the Idaho delegates, **Heather Walser** and **Paul Driver**, were in attendance. During the first meeting on Sunday, we considered 23 policy recommendations, 16 of which were amended or edited. As a result, the HOD modified three-quarters of the polices on the agenda, resulting in 23 new ASHP policy positions. In addition, the delegates approved the proposed bylaws amendments and one new business item.

AJHP should be publishing the new policies in an upcoming issue or you can go to the ASHP website to see the comprehensive list of ASHP policies. A few of the policies are worth mentioning. Only a few of the titles will be given here. New policy: on “Vaccine Hesitancy”, “Zero Tolerance of Harassment and Discrimination”, “Patient Access to Pharmacist Care within Provider Networks”, Pharmacy Services in a State of Emergency” and “Universal Immunization Against Vaccine-Preventable Diseases in Healthcare Workforce”. These particular policies produced some of the most robust debate and amendments. In the end, the polices are good and ASHP has already begun to implement them.

There will be another interim virtual vote on policy in November and we will get information to you on those topics as we become aware. The input of the membership is always welcome. If you have an interest in becoming a delegate, submit you name to the ISHP office for the upcoming election in December.

This year at the HOD, the Political Action Committee (PAC) donation competition was reintroduced. The donation average is determined by the total amount donated by the delegation divided by the number of delegates and alternate delegates. This year Idaho once again took first place with an average donation of \$750. Indiana took second with \$700 and Kansas in third with \$316.67. The donations go towards pharmacy advocacy efforts of ASHP and everyone is encouraged to donate to help push our pharmacy issues forward.

Thank you,

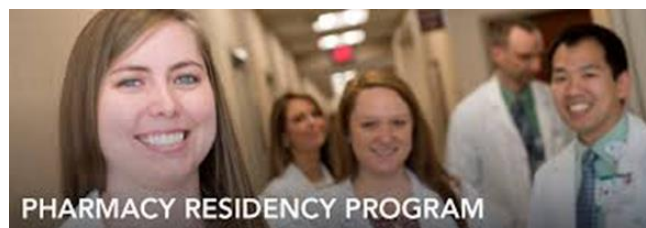
Heather and Paul

For more information about the ASHP House of Delegates, please see their webpage at:

[ASHP's House of Delegates webpage](#)

Idaho Pharmacy Residency Projects Presented June 11-12, 2021

ISHP was pleased to host the Idaho Pharmacy Resident Virtual Podium Presentation last June. A total of 12 pharmacy residents from across the state of Idaho presented their residency projects to an audience of approximately 40 registrants. Rob Wills, PharmD, was the keynote speaker and gave an excellent presentation on “Situation Leadership and Four Roles of a Preceptor.” Big thanks to Eliza Borzadek and the ISHP Education Committee for making this event possible, and a special thank you to our Idaho residents for showcasing their hard work!



2021 Fall Virtual Posters



For members attending the Fall Meeting, don't forget to check out the virtual poster submissions from students, residents, technicians, and pharmacists! Posters, along with an accompanying audio presentation, will be available to view on the ISHP website starting Friday, October 8th. This is a great opportunity to learn about all the exciting things our members are doing to promote and advance the field of pharmacy in communities across Idaho State!

IDAHO SOCIETY OF HEALTH-SYSTEM PHARMACISTS 2021 FALL VIRTUAL POSTER COMPETITION POSTER PRESENTATION GUIDELINES DESCRIPTION

A poster presentation is a visual display of a research project (or other clinically based project) that provides an opportunity for authors to present their work to a group of pharmacy professionals. These presentations commonly include:

- Evaluative studies of completed original research
- Descriptive reports of new, improved, or innovative roles or services in pharmacy practice
- Research-in-progress reports which permit the investigators to benefit from peer review before research is completed
- Case reports of unique clinical experiences or patient cases

Posters will be viewable online for ISHP Annual Fall Meeting attendees starting Friday, October 8, 2021.

To allow for appropriate time for review and approval, poster abstracts should be submitted to the ISHP Professional Affairs Chair (ishpcontact@gmail.com) no later than:

Friday September 24, 2021, by 5:00 pm.

Additional information on the poster competition including poster abstract form can be found on the ISHP website at:

[Idaho Society of Health-System Pharmacists - 2021 Fall Poster Competition \(wildapricot.org\)](https://www.wildapricot.org)

Student's Corner

Zachary Larson (Pocatello) & Matthew Shinn (Meridian) ISHP Student Representatives

Editor's note: When Zach and Matthew were asked about unique experiences ISU pharmacy students have been involved with, they provided this information from Christopher Nicolete. Christopher is an ISU student on the Alaska campus. Thank you, Christopher!



The Sustainable Education & Training Model under Pharmacist-Provider Reimbursement (*SETMuPP*) project has enabled pharmacy students to participate in an important initiative to create a sustainable framework for pharmacists to deliver healthcare services as recognized medical providers. The team consists of three core groups to seek curriculum changes to prepare future pharmacists, support clinical pharmacy practice, and engage policymakers to advocate change through legislative efforts.

As an advocacy research intern, I've helped review current regulations and statutes outlined by the Board of Pharmacy, distribute letters of support for Alaska House Bill 145, and develop a social network analysis to understand relationships between pharmacists and stakeholders responding to the COVID-19 pandemic. Working on these projects has provided exciting opportunities to address reimbursement models for non-dispensing roles and collaborate with progressive leaders that are actively involved in the profession of pharmacy. As a third-year student pharmacist, I look forward to making further contributions to the SETMuPP team in hopes of providing statutory alignment with federal law and ultimately increasing access to pharmacist-provided healthcare services.

ISHP endorsed this press release from the Idaho Medical Association

ISHP was one of the nearly 30 Idaho Health groups that endorsed the following:



For Immediate Release
September 1, 2021

Health Care Groups Plea for Idahoans to Help Fight COVID-19

Nearly 30 Idaho health care groups release a joint letter to sound an alarm and ask for help

BOISE, ID – As Idaho ICUs fill to capacity, 29 health care groups — representing thousands of health care providers — have released a joint letter to ask Idahoans for their assistance to combat the current COVID-19 surge.

In this statewide call for help, the groups explain the suffering they are witnessing in health care facilities and how contagious the Delta variant is in Idaho communities. “The facts are alarming. The Delta variant is dangerously contagious. It is more contagious than the common cold, seasonal flu, or Ebola. On average, people infected with the Delta variant will spread the infection to 5 to 8 other people,” the letter states.

These major health care groups — including physicians, nurses, hospitals, and many more — released the letter as they witness alarming situations in Idaho health care facilities. “As of Aug. 31, approximately 543 patients in Idaho were hospitalized with confirmed or suspected COVID-19 and 167 of those patients were in the ICU with confirmed COVID-19. Perhaps most discouraging is the fact that approximately 97 COVID-19 patients in Idaho were on a ventilator, the highest recorded number at any time during this pandemic,” the providers explain in the letter.

The letter also sounds an alarm that the worst is yet to come in Idaho. The health care groups warn of an even higher surge soon as children start school and the Delta variant rages on. The letter cautions, “Models indicate that by mid-October, Idaho could see 30,000 cases per week which is thousands more than any week in 2020. Discussions surrounding the activation of crisis standards of care are underway, which means hospitals may be forced to ration care.”

The health care providers ask Idahoans to choose to take action and help stop the spread of this highly contagious variant. “What can you do? First, get the vaccine. More than 200 million Americans have safely and effectively been vaccinated for COVID-19. In fact, just last week, the Pfizer vaccine received full approval from the FDA after rigorous evaluations showed it met the very high standards we have in this country,” the groups write.

The letter highlights that 95.8 percent of hospitalized patients are unvaccinated in Idaho. The providers also ask Idahoans to practice basic public health measures like consistently wearing a mask in indoor settings and crowded outdoor settings.

Idaho Medical Association, alongside the nearly 30 other co-signers of this letter, call on Idahoans to choose to get vaccinated and wear masks. Now is the time to choose to protect ourselves, our families and our neighbors from COVID-19.

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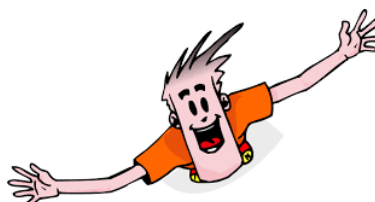
Idaho Medical Association is the leading organization representing physicians in all specialties, practice settings and geographic locations in Idaho. With more than 3,500 members, Idaho Medical Association is recognized as the voice of medicine in Idaho. The organization strives to unify and advocate for all Idaho physicians, promote the art and science of medicine and remain dedicated to improving the health and well-being of all Idahoans.

A new look for ISHP

While many of our staples will remain the same, the ISHP Board of Directors has recently approved a new

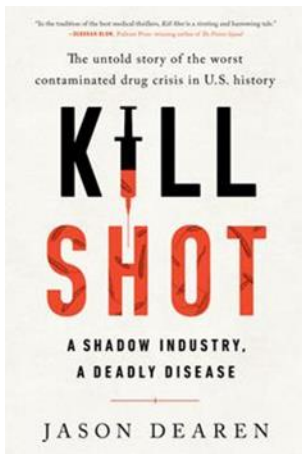
MISSION & VISION

To be announced at our Fall Meeting



Read any good books recently?

Have you ready any good books recently that you think your ISHP colleagues may enjoy? If so, please write up a brief review and sent it to Kent Quickstad, ISHP newsletter editor, at quickstad@msn.com We will include these in future editions of the quarterly newsletter. Thanks!



Kill Shot
Jason Dearen
2021

100 plus dead 793 cases

Kill Shot by Jason Dearen is the story of the New England Compounding Center (NECC) that in 2012 exposed approximately 14,000 people to a deadly disease. In America's deadliest contaminated drug outbreak, compounded vials of methylprednisolone acetate intended for epidural injection were produced contaminated with the fungus *Exserobolium rostratum*. Epidural injection of this product resulted in fungal meningitis for many of the patients suffering from chronic back pain. These vials were shipped all over the United States (including Idaho in which there was one confirmed case of fungal meningitis). Mold-ridden surfaces, expired medications, unqualified staff, a lack of strict adherence to aseptic techniques, fraud and pure greed for profit all contributed to this outbreak and fatalities. NECC owner pharmacist Barry Cadden and lead pharmacist Glenn Chin were charged with second-degree murder (which carried a sentence of up to life imprisonment) in addition to numerous other charges. Although after lengthy trails both Cadden and Chin were found not guilty of second-degree murder, they were convicted of various other crimes including running a criminal business, shipping untested drugs, using an unlicensed pharmacy technician, introducing misbranded drugs into interstate commerce with intent to defraud and mislead, and mail fraud. Cadden was sentenced in nine years in prison and Chin to eight.

Kill Shot is a fascinating read for all involved in aseptic preparations. Conditions and practices found in the NECC compounding room were, simply put, unbelievable and scary. The book also goes onto to describe the cases of many of the individuals injected with the contaminated product, the quest to track down the source of the contamination from patient zero, the history of compounding pharmacies and the laws that govern these pharmacies prior to the NECC incident and afterwards. A medical mystery that reads like Michael Crichton – only this one is true.

