ISHP Newsletter

Volume 30 #2

May 2020

Idaho Society of Health-System Pharmacists Newsletter Volume 30 # 2



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ISHP Executive Director: Caroline Merritt

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President's Message

Chris Oswald



ISHP and the COVID Pandemic

Thank you for all you do

Pharmacy is essential and ISHP is working to help you do what you do

What a whirlwind it has been...a global pandemic that has ripped everything we once knew as normal apart. I was reviewing my February article in preparation for writing this one and certainly there was no indication in our last newsletter of such a disruptive force that was brewing. However, despite this tragedy, I am proud of the amazing creativity, ingenuity, and levels of professional responsibility many have stepped up to both within ISHP and Idaho.

The Spring Conference may have not gone on as originally planned but that didn't stop Lindsay Crawford (Education Chair), Leslie Lamontagne (Programs Chair), Caroline Merritt (ISHP Executive Director), and the Education Committee seeing opportunity in being able to continue delivering education to our members. The conference was moved to a virtual platform and held over 2 weekends with great attendance and audience engagement. We learned more in our social media presence, proving that we have the capability to better connect with members in that way. Mikaela Elwell stepped up to organize ISHP's first virtual poster experience; giving pharmacy students an opportunity to share their projects they might have otherwise had not been able to. Last but not least, with the cancellation of Mountain States Residency Conference, an annual regional conference held to showcase the work of pharmacy residents, Eliza Borzadek, Rob Wills, and Caroline Merritt worked quickly to organize Idaho's first Resident Podium Presentations sponsored by ISHP. This gave pharmacy residents and programs across the state the opportunity to still gather, be it virtually, and share the work being done across the state to improve patient care and pharmacist services.

(Continued on page 3)

2019 – 2020 ISHP Officers and Directors:

President: Chris Oswald

President-elect: Andrea Winterswyk

Past President: John Sullivan

Secretary/Treasurer: Elaine Nguyen

Executive Director: Caroline Merritt

Administrative Affairs: Cassie Perdew

Education: Lindsay Crawford

Programs: Leslie LaMontagne

Legal & Public: Lindsey Hippe

Professional Affairs: Mikaela Elwell

Student Representatives: Meridian – Jose Parra

Pocatello – Trevor Meldrum

Technician Representative: Annie Knudsen

ISU College of Pharmacy Representative: Jordan Ferro

Central Idaho Representative: Vacant

Northern Idaho Representative: Vacant

Newsletter Editor: Kent Quickstad

Website Chair: Rob Wills

ASHP Liaison: Anne Policastri

The mission of ISHP is to promote the highest levels of pharmacy practice by our members



EZ contact information:

All of these Officers and Directors can now be reached at one place!

ishpcontact@gmail.com

ISHP Fall Meeting

September 25, 26 & 27th

Sun Valley

It's also rewarding to see the great work of pharmacy professionals across Idaho solving the problems this crisis has brought upon us. Photos, Facebook posts, and newsletter articles alike shared the dedication of many involved in hand sanitizer compounding and distribution along with helping to collect personal protection equipment through donation drives. Random acts of kindness have been a driving force in not forgetting the positive capabilities of humanity. I am sure many of you have your own stories to share and would encourage all of you to please let us know at ISHP of anyone who has been stepping up and leaning in to this crisis to support our fellow health care professionals and Idahoans. We want to acknowledge those people because they deserve to be recognized.

Our Spring Member Meeting was canceled and there were many items planned to share with you on ISHP's achievements and progress. First, a major shout out and thank you to our outgoing student representatives Jose Parra and Trevor Meldrum! Their hard work over the past year gave us increased student participation throughout ISHP's committees and the highest recorded number of student attendees at our Fall 2019 conference. I would also like to make the formal announcement that the constitution amendments have passed. This change officially recognizes ISHP's forward movement on advancing the needs of the pharmacy professional, a more inclusive term that better serves technicians and students while continuing to support pharmacists. The changes also recognize the pharmacy technician's voice in the organization and breaking down barriers to more opportunities including expansion of voting rights. Idaho is a leading figure in pharmacy technician advancement and it's fantastic to see our organization staying in stride with that movement. Other things to mention include the official opening of the Board of Directors and annual awards nominations. Please, I encourage all of you, to nominate your peers or yourself for recognition of the amazing work that has been done as well as to continue our tradition of bringing highly engaged and energized people to ISHP's leadership.

Closing out updates for ISHP, I want you to know that the Board of Directors has taken the position of this organization very serious in response to the pandemic. ISHP has signed on to several national letters in support of recognizing the pharmacist as a provider and support of funds for 501(c)(6) organizations as they relate to the relief acts brought before Congress. We have also reached out to our Idaho and U.S. Senators and Representatives individually to support these bills that increase pharmacist capabilities. Caroline Merritt and myself continue to be in regular contact with ASHP, sharing information as well as gaining insight into a multitude of areas COVID-19 has impacted. ISHP has named several members to participate in routine surveys and communication with the FDA as to the status of drug supply, particularly critical care drugs, for Idaho. Thank you to Natalie Buening, Justin Messenger and Scott Milner for participating in this! Also, we support and thank Chris Owens and members of the Idaho Pharmacy Leadership Council (IPLC) in their work on pharmacist readiness in response to COVID-19 testing, treatment, and emergency preparedness. I mention all of this because I want you to know that ISHP will continue to support you in whatever way we can. The power and capabilities of professional organizations is strong. The ability for ISHP to do things like this comes from the strength of you, our members, and we need you in order to continue that support.

The Board of Directors has been working hard throughout this year, including these trying times, and I am so proud to work alongside them. If this pandemic has taught us anything, it is that **pharmacy is essential** and the work we do every day for every patient is essential. I hope the measures taken to keep you and your colleagues safe have been successful and your families have remained healthy and protected. Congratulations to the Class of 2020! Your celebrations were altered but your achievements are not and I am proud to have many more forward-thinking minds on the frontlines.

Take care everyone, of yourself and those around you. Be Happy and Healthy!

Chris

2019 AND 2020 YEAR-T0-DATE BUDGET OVERVIEW

Elaine Nguyen ISHP Secretary/Treasurer



ISHP had a financially successful 2019 as we surpassed our income expectations and ended the year with a net gain of \$29,175.95. We are thankful for strong Fall Meeting participation (registration and booth fees) and membership as well as the ability to offer additional educational opportunities that helped drive our 2019 income. We also had lower expenses than anticipated.

As always, ISHP will be using and saving our funds responsibly and judiciously. The unexpected 2019 income allowed us to support two non-budgeted items in 2020:

- 1) Purchase of Zoom Pro account membership
- 2) Hire of a Lobbyist (Caroline Merritt)

Given the need for reliable virtual conferencing, we are thankful to have the ability to host Zoom meetings. Hire of Caroline as ISHP's Lobbyist has also helped move forward the organization's strategic planning efforts.

With the COVID-19 pandemic there is some uncertainty in 2020. Historically, our Spring and Fall Meetings have been income-generating events for us and it is likely that this will not be the case for 2020. ISHP leadership and the Finance Committee continue to explore alternative revenue opportunities to help our organization move to sustainable (and non-meeting dependent) income opportunities.

Further details on ISHP's 2019 and 2020 year-to-date income and expenses are available here.

ISHP Constitution Update Approved

Bylaws Up for Vote

Thanks to all of our ISHP members who cast votes to approve the changes to ISHP's Constitution!

Last week, ISHP opened electronic voting to approve changes to our Bylaws. The changes were largely suggested by an ASHP lawyer who reviewed both our Constitution and our Bylaws, and are needed to keep these governing documents up-to-date. The changes reflect the importance of registered pharmacy technicians within our society, updates the permitted functions of committees, and protects ISHP Board members acting in the best interest of the organization. If you haven't already voted, please check your inbox for reminders to review the proposed Bylaws and cast your vote.



From the ISHP Office - Executive Director's Message

Caroline Merritt

Due to COVID-19, ISHP had to quickly convert our Annual Spring Meeting into a virtual conference in a few short weeks. By all accounts, the Education Committee did a fantastic job. ISHP hosted a joint session for Pharmacists and Technicians on April 11th, and then held breakout sessions on April 25th, offering six hours of CE to more than 40 participants. Thanks to the speakers and committee members who stepped up to make this conference happen. Although ISHP is still moving forward with our Annual Fall Meeting September 25-27, 2020 in Sun Valley, we are making contingency plans for another virtual conference if needed.





Industry Partner Reception

Prior to COVID-19, we hosted our annual Industry Partner Reception at Split Rail Winery. The reception is always a great evening for our corporate supporters and Board members to mingle and talk about the latest advancements in pharmacy. Thanks to all of our Board members and industry partners who attended.

ASHP House of Delegates Update



The ASHP House of Delegates (HOD) met virtually on April 25 - 28th. There was good conversation about policies and recommendations for amendments in the meetings attended by the two **Idaho Delegates**, **Arielle Arnold and Heather Wasler**. If anyone has any suggestions for amendments or new policies please reach out to us so we can better represent

Idaho pharmacists. If you attended the April 11th ISHP meeting on the HOD, you know that we discussed the policies on *Gabapentin as a Controlled Substance* and *Staffing for Safe and Effective Patient Care*. These were discussed in many of the virtual RDCs around the country providing great feedback and amendments. Please go online to the ASHP HOD website (see link below) for more details or to provide comments. You may also give feedback to us about how you would like these policies to be written. The next meeting is in late May and will include a vote on what we think are policies likely to pass without needing any rewording. As the summer ASHP meeting has been cancelled, the full HOD meeting will then meet virtually in early June.

Thank you,

Arielle and Heather

For more information about the ASHP House of Delegates, please see their webpage at:

ASHP's House of Delegates webpage



ISHP Board Positions Open

Are you interested in increasing your involvement with ISHP?
Would you like to become a part of an active and progressive Board of Directors?
ISHP could use your help!

This fall ISHP will have open positions for:

President-Elect Secretary/Treasurer Administrative Affairs Education Legal & Public Affairs

For more information on these positions, please visit the "Get Involved" page on the ISHP website by clicking here.

Additional information can be obtained from John Sullivan <u>sullivjo@slhs.org</u>
Chair of the ISHP Nominations and Elections Committee

Not ready for a Board Position but still want to increase your participation with ISHP?

ISHP offers many ways to get involved through one-time, short-term or long-term volunteer opportunities.

Current Committee Opportunities include:

Professional Relations, Finance, Education and Administrative Affairs

For more information, please visit the "Get Involved" page on our website or by clicking here.

Annual Awards Nominations Now Open!

Do you know a pharmacist, pharmacy technician, or student pharmacist who deserves recognition for their exceptional work? If so, consider nominating them for one of ISHP's annual recognition awards! The following awards are available for ISHP members who have demonstrated outstanding dedication and commitment to the profession.

Pharmacist of the Year Technician of the Year Student Leadership

ISHP Excellence in Service Preceptor Excellence

In addition, the following awards are open to all Idaho State pharmacy professionals, regardless of ISHP membership status.

Pharmacy Innovator Award Excellence in Research or Quality Improvement

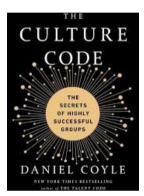
To nominate a candidate for one of these awards, please send an email to ishpcontact@gmail.com to request a nomination form. Award recipients will be announced at the ISHP Fall Meeting in September. This is a great opportunity to celebrate our pharmacy colleagues and all the fantastic work they are doing in Idaho!



I-LEAD Leadership Corner

May's I-LEAD News & Updates:

- This May the I-LEAD Fellows began their final quarter of the year with a look at what's ahead on the schedule. We have a full summer of Leadership Seminars set up and all virtual, of course. We've also had some victories to celebrate.
- Shout out to I-LEAD Fellow Tiffany Louder. She was just promoted to Lead Technician at Idaho Falls Community Hospital, a new sister institution to Mountain View Hospital. She oversees up to 7 technicians and interns in her new role, in addition to helping launch this new institution.
- Summer Leadership Book Selection
 - Daniel Coyle's "The Culture Code" the fellows are planning a full discussion with the July 9th I-LEAD Seminar with presenter, Kurt Vanden Bosch. We welcome all that want to attend to participate or just listen in. Currently they are just beginning the book with some highlights below.
 - Chapter 1 is favorite of the book since it really sets things up. Coyle brings up Amy Edmondson and her work at Harvard. She has done a lot for how Health Care teams work together.
 - Chapter 4 is another key chapter with the discussion about the coach of the San Antonio Spurs. As you read about his technique, see if you can identify how he connects with the team that helps build safety.



- **Next Seminar:** Just a reminder that our next seminar isn't until June 11th, with Chris Oswald, discussing leadership topics for organizations and practitioners alike.
- Full Seminar Schedule
 - o **July Book Club Discussion –** Daniel Coyle's Culture Code
 - o August Lindsay Crawford Developing your Personal Brand
 - o September ShanRae Hawkins Crisis Management

2020 – 2021 I-LEAD applications

The application process is open now thru July 6th and is available on the ISHP/I-LEAD website: https://ishp.wildapricot.org/page-1863757 The program would start this August, allowing new PGY2's to also take part.

For additional information, the I-LEAD manual from this past year is posted on the ISHP Website under I-LEAD to help provide some background on the program.

In terms of timeline, here is a general outline:

- May: Applications open now thru July 6th
- July: I-LEAD Fellow Class of 2021 announced
- August: New Fellow Orientation
- September:
 - o I-LEAD Seminar: Crisis Management
 - o Late Sept: ISHP Fall Conference in Sun Valley/I-LEAD
 - o Committee Assignments
- Oct Sept 2021: Monthly Seminars and Book club discussions

By completing the program, you receive a Certificate in Organizational Leadership which is recognized by several University Programs as transfer credit towards an MBA or MHA (BSU, ISU and Univ of Wyoming). For questions, please feel free to reach out to Rob Wills (<u>willsr@slhs.org</u>) or Lindsey Hunt (<u>Lindsey.Hunt@va.gov</u>).

Legal and Public Affairs



Lindsey Hippe ISHP Chair – Legal & Public Affairs

Welcome to the beautiful spring season! The 2020 legislative season is already behind us, and it was an interesting one. Thanks to our new lobbyist and ISHP

Executive Director, Caroline Merritt, the ISHP Board was up-to-the minute on all the happenings in the Capitol. As a result, we were able to take positions on a couple of key issues as they came before committees. In the coming year, we will continue to expand ISHP's involvement in legislative issues including possible formation of an ISHP Political Action Committee (PAC).

In a truly groundbreaking development, Idaho Medicaid has been working on auto-enrollment for Pharmacists as providers for Idaho Medicaid in the current COVID-19 crisis environment. The Board of Pharmacy provided them with information to expedite this process. This means that doors are opening for pharmacists to bill patient's medical benefits. More to come on how to put these developments into use.

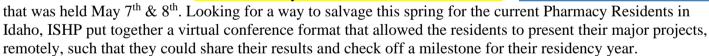
On a national level, ISHP has been collaborating with ASHP to lend Idaho's voice to COVID related initiatives that promote the practice of pharmacy. Currently ASHP is identifying contact points in each state that can work with the FDA to maintain supplies of necessary medications for the treatment of COVID patients.

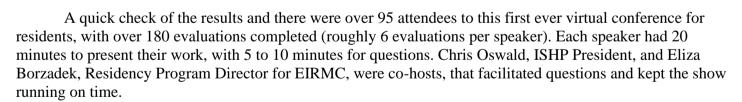
Lindsey

Successful Idaho Pharmacy Resident Conference

Rob Wills ISHP Website Chair/I-LEAD Program Coordinator

Earlier this month we were just blown away with the support and excitement over the first ever Idaho Pharmacy Resident Podium Presentations





Range of Topics – with a full two days of presentations there was a nice mix of topics and projects that were presented. Everything from Vancomycin AUC dosing (which had nice comparisons between two different hospitals in Idaho!), to antipsychotic medication use, optimization of automated dispensing cabinets, biosimlar comparison and chemo workflow. The conference finished up with a great presentation on Billing for Pharmacist Services in Clinics, showing that there was something for every practice area.

A big shout out to Caroline Merritt, for setting up this virtual event and lending support. Huge thanks to all of you that were able to attend one, or more, presentations! It was a great way to support the pharmacy residents, and most importantly, Pharmacy Practice Advancement in Idaho. Thank you!



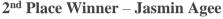
ISHP Student Poster Results!

ISHP is excited to announce the winners of the **2020 ISHP Virtual Student Poster Competition** which was held from April 25th thru May 2nd.

Based on the composite scores awarded by our judging panel, the following submissions have been selected:

1st Place Winner – Megan Seewald Anticholinergic prescribing in the elderly

(co-authors: Heather Walser, PharmD; Andrea Winterswyk, PharmD, BCPS, BCPP)



Evaluation of the role of emergency department pharmacists in the management of sepsis (co-authors: Arielle Arnold, PharmD, BCPS; Kathy Eroshenko, PharmD; Cathy Oliphant, PharmD)

3RD Place Winner – April Smith

Student pharmacist medication tasting lab (SPECIAL): student's evaluation and perceptions of medication palatability exercise

(co-authors: Renee Robinson, PharmD, MPH, MSPharm; Nate Spann, PharmD; Kevin Cleveland, PharmD, ANP; Rob Meyers RPh, PhD)

Thank you to all the students who took the time to submit their poster presentations! Our judges were very impressed with the quality of work and variety of topics presented by the students.

All poster submissions are still available at:

https://ishp.wildapricot.org/page-1863754

If you haven't already, check them out!

Student's Corner

ISU College of Pharmacy in the COVID Era

Jose Parra and Trevor Meldrum - ISHP Student Representatives



The ISU College of Pharmacy has done a great job of ensuring that we, the students, continued to receive the education that we need to finish out the academic year. The College of Pharmacy was able to smoothly transition to a completely online format of lessons over Zoom. It is a little strange to not have the same sense of community that comes with seeing fellow classmates

every day, but the College did hold social hours over Zoom for the students. The Office of Experiential Education has worked very hard to ensure that the Class of 2021 can still complete their rotations and graduate on time. This year's Class of 2020 was also able to finish up their year and graduate. Their graduation ceremony was not held in person but there was a virtual ceremony held on May 8th.

Jose and Trevor





Save the date!

2020 ISHP Annual Fall Meeting



September 25, 26 & 27

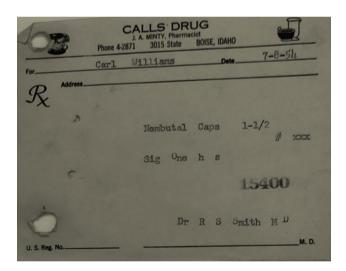
ISHP is still moving forward in planning for our Annual Fall Meeting September 25-27, 2020 in Sun Valley

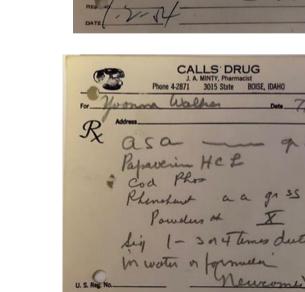


We however are also making contingency plans for another virtual conference if needed

And finally, a bit of Pharmacy history

Test your eyesight - Scripts from Calls Drug in Boise from 1954





ROBERT S. SMITH, M.D., F.A.C.S. 312 WEST IDAHO STREET BOISE, IDAHO DIAL 2 4071
ADDRESS. DATE 7 5 4 RV
Takas 153mg 3 4
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Water trong 3 157
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