

ISHP Newsletter

Volume 30 #1

February 2020

**Idaho Society of
Health-System
Pharmacists**
Newsletter Volume 30 # 1



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President's Message

Chris Oswald



Happy winter everybody! I hope everyone is enjoying this time, whether you're an outdoor adventurer skiing, snowboarding, riding snow mobiles, snowshoeing, etc., or maybe you use this time to jet off to a tropical destination to temporarily forget about the cold weather, or stay curled up with a good book, hot beverage, and getting caught up on your Netflix queue. Whatever it may be, remember to have fun and to give yourself a break. The winter months can be challenging for many because of the low temperatures and shortened amount of sunlight. Fear not, the shortest day of the year has passed!

As we are at the beginning of 2020, many people have taken to making New Year's resolutions and fully engaged in carrying them out. I myself have set several goals, including cross-country skiing the distance from Boise to McCall and back again. That's roughly 214 miles...I'll let you know how it goes. Other goal setters include the **ISHP Board of Directors**. We have met, discussed, and approved the next Strategic Plan for the organization. If you'll recall from my November message, I mentioned **Advocacy, Professional Development, and Sustainability** as our priorities. Each of these priorities comes with several goals and objectives that we are very excited about and look forward working on as we build a stronger ISHP. The priorities and goals are available for you on page 3 of this newsletter and the complete Strategic Plan (with objectives) will be available for all on the ISHP website.

(Continued on page 3)

**2019 – 2020 ISHP
Officers and Directors:**

President:	Chris Oswald
President-elect:	Andrea Winterswyk
Past President:	John Sullivan
Secretary/Treasurer:	Elaine Nguyen
Executive Director:	Caroline Merritt
Administrative Affairs:	Cassie Perdew
Education:	Lindsay Crawford
Programs:	Leslie LaMontagne
Legal & Public:	Lindsey Hippe
Professional Affairs:	Mikaela Elwell
Student Representatives:	Meridian – Jose Parra Pocatello – Trevor Meldrum
Technician Representative:	Annie Knudsen
ISU College of Pharmacy Representative:	Jordan Ferro
Central Idaho Representative:	Vacant
Northern Idaho Representative:	Vacant
Newsletter Editor:	Kent Quickstad
Website Chair:	Rob Wills
ASHP Liaison:	Anne Policastri

EZ contact information:

**All of these Officers and
Directors can now be
reached at one place!**

ishpcontact@gmail.com

***The mission of ISHP
is to promote the highest levels
of pharmacy practice by our
members***



ISHP Spring Meeting

April 25 & 26

**Saint Alphonsus
Boise**

(President's message – Continued from page 1)

Kicking things off, advocacy has always remained a top priority for the organization. ISHP celebrated another successful Legislative Day. We continue to collaborate with **Idaho State University College of Pharmacy** and **Idaho State Pharmacists Association** to show a unified front for all pharmacy professionals within the state of Idaho. Special thanks to **Lindsey Hippe**, **Mikaela Elwell**, and **Caroline Merritt** for their work on Legislative Day. We have also stepped up our efforts in the legislative arena, bringing on **Caroline Merritt**, our Executive Director, as our lobbyist so that we may keep better eyes and ears on what may impact pharmacy professionals and be prepared to make statements and take positions on matters important to the organization and you, our members. Already, ISHP has supported both HB 386 on PBM legislation and HB 392 on volunteer provider immunity. ISHP has also joined several national pharmacy organizations and over 70 state pharmacy associations in submitting a joint letter to CMS in response to feedback requested on Executive Order (EO) #13890 regarding pharmacy scope of practice. In addition to signing on to the joint letter, ISHP also sent an individual letter to CMS outlining our support for allowing all health professionals to practice at the top of their license and the potential impact this would have on Idahoans. We'll have that letter posted to the website for any who would like to review it.

Other news for ISHP includes the upcoming Spring Conference where the **Education Committee** is hard at work setting the final plans for the event in Boise on April 25th and 26th at Saint Alphonsus Regional Medical Center. We have also successfully been reaffirmed as an ASHP state affiliate and continue as an accredited ACPE provider; the latter currently valid through January 2025. You may also have noticed a recent letter from me regarding a restructuring of membership levels and dues increase that went out in an early February ISHP News email update. The letter will continue to be available for review and we encourage anyone with questions to please ask them. ISHP is not spending any time in hibernation!

The Spring Member Business meeting will be held during the Spring Conference on April 25th. I hope to see many familiar faces as well as new ones there as we discuss important items for the organization. Until then, have fun, stay warm, and we'll see you in April!

Chris

STRATEGIC PRIORITIES & GOALS 2019 - 2020

I. ADVOCACY

1. Facilitate legislative involvement and action among our members
2. Engage and advance ISHP's relationship with stakeholders
3. Promote interprofessional teamwork in improving the health outcomes of Idahoans

II. PROFESSIONAL DEVELOPMENT

1. Strengthen and organize processes for delivering educational activities
2. Provide opportunities for members to grow professionally
3. Increase recognition of pharmacy professionals in their efforts to improve patient care and advance pharmacy practice

III. SUSTAINABILITY

1. Foster communication with our membership
2. Grow and maintain an engaged and diverse membership
3. Effectively manage organizational infrastructure
4. Ensure long-term fiscal sustainability
5. Provide value to meet dynamic needs of the membership



Registration now open for the Spring Meeting!

Registration is open for ISHP's 2020 Spring Meeting
April 24-25th at Saint Alphonus Regional Medical Center in Boise.

Topics include:

Telepharmacy
Oncology
Insulin therapy
Medication assisted treatment
Employee engagement and more!
Pharmacists and Technician tracks!

Visit the ISHP website to register:

www.ishp.wildapricot.org/event-3746633



Industry Partner Reception



ISHP will host our annual Industry Partner Reception on **Monday, February 24th at Split Rail Winery**. The reception is our Board of Directors' opportunity to say thank you to our pharmaceutical and medical device industry partners who support our association. It is because of our partners who step up to sponsor our Spring and Fall conferences each year that we are able to serve our members all year long. All pharmacy professionals are welcome; please RSVP to ishpcontact@gmail.com.

ASHP House of Delegates Update

Each year, ISHP sends two Idaho pharmacists to the ASHP Summer Meeting to represent Idaho and Idaho pharmacy practice. These Idaho delegates will place key votes for national healthcare policy initiatives as well as propose new initiatives to improve our practice across the state.



Heather Walser, PGY2 Psychiatric Pharmacy Resident at the Boise VA Medical Center, will serve as our newest delegate for 2020-2021. She will join current delegate **Arielle Arnold** at the upcoming summer meeting in Seattle. **Paul Driver** will serve as the alternate delegate.

For more information about the ASHP House of Delegates, please see their webpage at:

[ASHP's House of Delegates webpage](#)

Call for Resolutions for the 2020 House of Delegates Session

The [Call for Resolutions](#) for the 2020 House of Delegates is now available. Resolutions require sponsorship by two active members, who need not be delegates. All resolutions must be submitted by March 9, 2020, in advance of the 2020 House of Delegates Session, to be held June 7 and 9.

Technician's Corner

Annie Knudsen
ISHP Technician Representative



Greetings technicians!

For the upcoming Spring meeting (April 25 & 26th at Saint Alphonsus in Boise) we have some excellent informational and activities planned. In this meeting we will be introducing a more hands-on approach. We will be offering a Medication Error Workshop, an interactive Technician Panel, and an in-depth Naloxone Training, just to name a few.

We are especially excited about our Naloxone Training. As of July 2019, pharmacy technicians in Idaho were granted the authority to join other health care professionals in prescribing the life-saving narcotic antagonist. We believe by offering this specialized training, we will be helping technicians to feel comfortable and capable exercising this new authority. This will only help to expand access to this critical medication, thus increasing our professions' efforts in addressing the opioid crisis.

Our agenda for the meeting includes:

Time	Topic
Saturday April 25th	
07:300-8:30 am	Industry Spotlight Breakfast
08:30-08:35 am	Welcome and Introduction
08:35-9:30 am	ASHP Roundtable
09:30-10:30 am	ACLS Drugs
10:30-11:00 am	Morning Break
11:00-12:00 pm	Tech Panel
12:00-1:15 pm	Lunch
1:15-2:15 pm	TBD
2:15-3:15 pm	Hazardous Drugs
3:15-3:30 pm	Afternoon Break
3:30-4:30 pm	Medication Error Workshop
4:30- 5:30 pm	Naloxone Teaching

Time:	Topic:
Sunday April 26th	
7:50-8:00 am	Welcome and Introduction
8:00-9:00 am	ED Micro Follow- up
9:00-10:00 am	Providing Feedback via Radical Candor
10:00-10:15 am	Morning Break
10:15-11:30 am	TBD
11:30-12:45 pm	Pharmacy law

Visit the ISHP website to register:

www.ishp.wildapricot.org/event-3746633

Hope to see you in Boise in April!

Annie

Legislative Day at the Capitol

ISHP has been actively engaged with our lawmakers as the 2020 Legislative Session gets underway. In mid-January, ISHP, along with the Idaho State Pharmacy Association and the ISU College of Pharmacy, collaborated on Pharmacy Day at the Capitol to promote pharmacy practice and support legislative efforts that will significantly impact how you practice for years to come. ISHP co-hosted an informational table to educate legislators on how health-system pharmacists contribute to the health care industry in Idaho. ISU Pharmacy students were also on hand to present their research posters to legislators.



The day concluded with a Legislative Reception at Beside Bardenay. This reception provided an opportunity for our members to talk with legislators and explain the challenges and opportunities in the pharmacy industry.

2020 Legislative Session

What will we be seeing with regard to pharmacy in this legislative session? ISHP is watching legislation concerning Pharmacy Benefit Managers (PBMs), balance billing/surprise medical billing, CBD oil and hemp, and Medicaid expansion funding. If you would like to get involved with ISHP's advocacy efforts, please contact ishpcontact@gmail.com.

Legal and Public Affairs

Lindsey Hippe

This year's legislative day was impactful, with numerous student healthcare stations and presentations. ISHP collected and shared several **stories from pharmacists across Idaho**, including this one:

"A patient that I see for diabetes management in our clinic kept returning for the complaint of severe hypotension (low blood pressure). The low blood pressure was causing him to fall at home (Falls are the leading cause of injury-related death among adults aged 65 and older). No one could figure out the reason for his hypotension - it was beginning to look like a medical mystery. I decided to do one more review of the patient's medications and ask how the patient used each one. When we got to the custom compounded pain cream the patient used, he described applying quite a bit of it over a large area. As it turns out, the pain cream contained an ingredient that lowers blood pressure! As soon as we counseled him to stop using it, the hypotension and falls stopped. All in all, I spent over an hour with the patient going over his meds. Under current regulations, I am not able to be reimbursed for my patient-care time, despite the expenses to Medicare and the patient that have been avoided." (Pharmacist, Boise, ID)

This year's ISHP state lobbying emphasis is on increasing recognition of pharmacists as physician-extenders in the state of Idaho. Our ability as pharmacists to increase healthcare access in areas of physician shortage is becoming more and more important. Check out our desired legislator actions below:

- *Urge* private and public insurance providers to recognize pharmacists as healthcare providers within their networks and to be eligible for proper reimbursement in such capacity.
- *Support* the greater inclusion of pharmacists in state-wide initiatives to better the health of Idahoans.

- *Recognize* that pharmacists are widely available to play key roles in working to lessen the provider shortage, combat the opioid crisis, and increase patient access to care.

In federal news, CMS was recently given an executive order to take measures to increase patient's access to non-physician providers through deregulation. CMS provided an open comment period for suggestions on fulfilling the executive order. ASHP and many state affiliates provided statements, including ISHP.

- Overall, ASHP is asking that CMS consider scope and practice of pharmacists in progressive states as guidance for their federal rules going forward. Avoidance of federal rules that are more restrictive than state rules is key.
- CMS's mandate is to deregulate. ASHP was able to send a very clear comment letter to CMS with specific deregulation requests that support pharmacist practice.
 - Generally, encourage leveraging pharmacist expertise, getting pharmacists engaged at the outset of new service provisions.
 - Using terminology that includes pharmacists when rules are made instead of boilerplate language that unwittingly excludes pharmacists
 - Asking that CMS be aware of pharmacist's role and abilities when considering rules governing telehealth
 - Recommended changes to level of supervision required from direct to general. Physicians may no longer have to be in the same building as the non-physician provider
 - Requested consideration of removal of X waiver, allowing pharmacists to participate more fully in MAT
 - Asked for a definitive statement on what levels of incident-to billing pharmacists can use
 - Asked for some cuts to pre-authorization requirements to allow patients faster access to medications

ISHP will continue to collect pharmacist stories throughout the year! Stories are the most effective way to communicate what you all can do. If you or someone you know has an inspiring patient care story, please email lindsey.hippe@gmail.com

Lindsey

If you are in Alaska in May.....

Congratulations to the first graduating class of ISU Alaska students!

In May, the UAA/ISU Doctor of Pharmacy Program celebrates the first class of Doctor of Pharmacy students graduating in Anchorage.

The UAA/ISU Doctor of Pharmacy Program's Inaugural Class of 2020 Hooding ceremony and Centennial festivities will take place on Friday and Saturday, May 1st & 2nd 2020.

Idaho State University | **College of Pharmacy**

The Idaho State University College of Pharmacy and University of Alaska Anchorage College of Health proudly announce the commencement of Alaska's Inaugural Class of Doctor of Pharmacy Students

Centennial Celebration & Awards Banquet
Friday, May 1, 2020 at 6:00pm AKST

Hooding Ceremony
Saturday, May 2, 2020 at 3:00pm AKST

UAA/ISU Doctor of Pharmacy Program
UNIVERSITY of ALASKA ANCHORAGE

**If Alaska is too far,
there are ISU College of Pharmacy activities this Spring closer to home.**

Spaghetti Feed Fund Raisers!

Meridian

Pocatello



WHEN: 6PM – 9PM, MARCH 6, 2020
WHERE: WEST ADA AUDITORIUM 1303 E
CENTRAL DR, MERIDIAN, ID

Come support the College of Pharmacy's
Outreach Programs and Make-A-Wish.
Enjoy a night of food and fun. There will
be a silent auction.



Join us in supporting ISU-COP to help raise funds for our community patient outreach projects. Additionally, we will be raising funds for Hunter, a local child, through Make-A-Wish!

Event tickets: \$6 per ticket or 4 tickets for \$20

50/50 Raffle tickets: \$5 per ticket

Kids 3 and under free

Scan QR code for tickets!

Contact: Takoda Averett
avertako@isu.edu



ROAR

And if you need CE from the ISU College of Pharmacy

Idaho State University Kasiska Division of Health Sciences 2020 Interprofessional Continuing Education Seminar

The Idaho State University Kasiska Division of Health Sciences is pleased to offer our annual continuing education program, designed to update your knowledge base and rejuvenate your practice skills. This one-day seminar will provide you with current information and a fresh perspective on a variety of topics.

Pharmacists, pharmacy technicians, nurses, prescribers and other health professionals are invited to attend this program. All presentations are accredited. Morning refreshments, a catered lunch, and an afternoon snack will be provided.

Pocatello – March 1st ISU Pond Student Union Ballroom 1065 Caesar Chavez St. Pocatello, ID 83209 208.282.2280	Meridian – March 15th Idaho College of Osteopathic Medicine 1401 E Central Dr Meridian, ID 83642 208.795.4266	Coeur d'Alene – March 29th Best Western Plus Coeur d'Alene Inn 506 W Appleway Ave Coeur d'Alene, ID 83814 208.765.3200
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For more information: <https://isu.edu/pharmacy/outreach--services/continuing-education/cop/live-programs/>

Report from the ASHP Council on Pharmacy Practice (CPhP)

Mike Dickens

CPhP is one of five recognized ASHP Councils. Each member serves a one-year term (January – December) where reappointment takes place by November 1st. Each member can serve up to a three-year term before rotating off that Council and serving on another Council. CPhP is comprised of 13 members - 1 Chair, 1 Vice-Chair, 1 ASHP Board Liaison, 1 Secretary, 1 New Practitioner, 1 Student, 9 members at large, and the 2019-2020 Council is represented by 14 States – CO, CT, GA, IA, ID, MA, MD, MN, NC, OH, TX, VA, WI, WV, and UT.



Below is a brief synopsis of what our Council accomplished during *ASHP Policy Week 2019* in Bethesda, MD, September 9 – 12, 2019:

New Policy Recommendations

- Role of the Pharmacy Workforce in Violence Prevention
- Role of the Pharmacy Workforce in Identifying and Caring for Victims of Human Trafficking
- Safe Use of Transdermal System Patches
- Use of Two Patient Identifiers in the Outpatient Setting

Policy Endorsement

- Endorsement of Consensus Statements from 2019 Medical Summit on Firearm Injury Prevention

Reaffirmation of ASHP Policy

- Pharmacist's Role in Urgent and Emergency Situations
- Health Care Quality Standards and Pharmacy Services

Upcoming items for discussion in preparation for the *ASHP Regional Delegate Conference (RDC)* this Spring and the *House of Delegates* (at *ASHP Summer Meetings & Exhibition in Seattle, WA*) this June include:

Sunset review of existing policies

- Online Pharmacy and Internet Prescribing
- Standardization of Small-Bore Connectors to avoid wrong-route errors
- Pharmacist role in Capital Punishment
- Just Culture and Reporting Medication Errors
- Patient Access to Pharmacy Services in Small and Rural Hospitals
- Scope and Hours of Pharmacy Services
- Drug Names, Labeling and Packaging associated with Medication Errors
- Human Factors Concepts

Requested Review by other Councils

- Ready-to-Use Packaging for all Settings
- Hazardous medication storage, handling, and transport considerations for Wholesalers and Delivery Drivers

New Items

- Implications of Bacitracin being withdrawn from the market

I encourage input from the ISHP Board of Directors and our membership on the above policies. Most (if not all) information is readily available on *ASHP Connect* for your review. If you are unable to locate a policy, please let me know.

I look forward in representing *ISHP* over the course of the 2020 – 2021 term and hearing from you.

Mike

Honesty and Ethics – 2019 Gallup Poll

GALLUP®

Pharmacists continue to rank high!

For the 18th year in a row, Americans rate the honesty and ethics of nurses highest by a wide margin among a list of professions that Gallup asks U.S. adults to assess annually. Currently, 85% of Americans say nurses' honesty and ethical standards are "very high" or "high," essentially unchanged from the 84% who said the same in 2018.

	2019	2018	2017	2016
	%	%	%	%
Nurses	85	84	82	84
Engineers	66	--	--	65
Medical doctors	65	67	65	65
Pharmacists	64	66	62	67
Dentists	61	--	--	59

Pharmacists continue to rank very high in this list as well. Medical professions in general rate at the top (capturing 4 out of the top 5 positions) in Americans' assessments of honesty and ethics, with at least 6 in 10 U.S. adults saying medical doctors, pharmacists and dentists have high levels of these virtues.

And now for the other end of the poll:

Advertising practitioners	13	13	12	11
Insurance salespeople	13	--	--	12
Senators	13	--	--	11
Members of Congress	12	8	11	8
Car salespeople	9	8	10	9



Save the date!

2020 ISHP Annual Fall Meeting

September 25, 26 & 27

