ISHP Newsletter

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Idaho Society of Health-System Pharmacists Newsletter Volume 29 # 1



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President's Message

John Sullivan



ISHP's focus this time of year is on advocacy and collaboration with the Board of Pharmacy for the Idaho Legislative Session. This year at the **Pharmacy Day at the Capitol**, many of Idaho's pharmacy students presented posters to educate our Legislators and public about the practice of pharmacy in our state. (For a more information and a few pictures, scroll down to page 8). We had great member representation at the ISHP/ ISPA Reception at Beside Bardenay. This gives our members opportunity to showcase the extraordinary work that we are doing to our Legislators and to demonstrate our gratitude for their support in the rule changes that have been passed this year and prior years. If you have not participated in Pharmacy Day at the Capitol, I would highly encourage you to save the date for next year- January 20, 2020.

Under the leadership of **Alex Adams**, the Board of Pharmacy has opened up a multitude of new opportunities for pharmacists and technicians over the past several years. I personally have appreciated the opportunity to work with the Alex and the Board during this time frame. Alex has been incredibly collaborative; seeking input from practitioners all over the state when decisions and ideas are being worked through. As most of you have heard, Alex has accepted a position as the **Administrator of the Idaho Division of Financial Management**. (Scroll down to page 9 for more information). Alex, you have done a tremendous job reshaping the practice of pharmacy in our state. I have been excited with the direction the Board of Pharmacy is going and I hope that it continues under the direction of the new Executive Director.

John

John Sullivan ISHP President

2018 – 2019 ISHP Officers and Directors:

President: John Sullivan

President-elect: Chris Oswald

Past President: Rob Wills

Secretary/Treasurer: Elaine Nguyen

Executive Director: Caroline Merritt

Administrative Affairs: Cassie Perdew

Education: Lindsay Crawford

Programs: Tyler Osgood

Legal & Public: Katie Erickson

Professional Affairs: Andrea Winterswyk

Student Representatives: Meridian – Lindsey Catlin

Pocatello - Naomi Veloso

Technician Representative: Kathleen O'Dell

ISU College of Pharmacy Representative: Jordan Ferro

Central Idaho Representative: Vacant

Northern Idaho Representative: Drew McMillan

Newsletter Editor: Kent Quickstad

Website Chair: Vacant

ASHP Liaison: Kimberlee Berry

EZ contact information:

All of these Officers and Directors can now be reached at one place!

ishpcontact@gmail.com



The mission of ISHP is to promote the highest levels of pharmacy practice by our members



ISHP Spring Meeting

Saint Alphonsus Boise

April 6th & 7th, 2019



ISHP Spring Conference

April 6-7, 2019 at Saint Alphonsus, Boise

Scroll on down to page 9 for a link to the conference registration!

Hello from the Education Committee!

It's been an exciting winter gearing up for the upcoming Spring Conference. We will be having a broad array of exciting topics including **Ethics in Pharmacy, Precepting 101, Opioid Epidemic and a Hands-on Device** + **Concept Workshop**. The meeting will include a myriad of different opportunities for students, technicians, residents, and pharmacists of all scopes of practice.

The ISHP Business lunch to be held Saturday and the ISHP Reception that evening; per popular request we will be continuing with a 3rd installment of pharmacy trivia.

Do you know what the human brainstem, Chumlee, and a chess board have in common?

Can you identify the movie and drug depicted on the right?

Make certain not to miss the opportunity to network within our profession, get involved in our new hands on approach towards pharmacy education, and have a good time amongst friends while contributing to the betterment of pharmacy practice.





Are you interested in helping ISHP to advance Ambulatory Care pharmacy practice in Idaho?

Please fill out this less than 5 minute survey:

https://www.surveymonkey.com/r/LQCGFMD

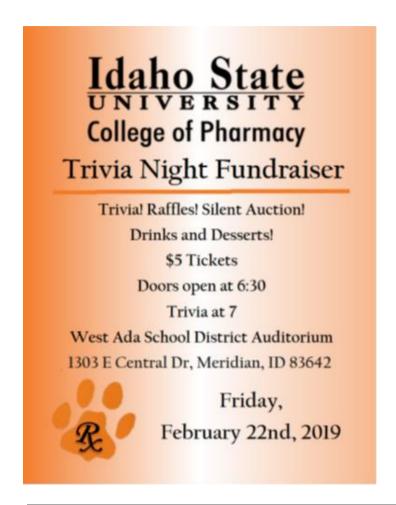




Where will you be on the evening of February 22nd?

At the ISU College of Pharmacy's annual fund raiser!

Meridian Pocatello





Also upcoming from the ISU College of Pharmacy 2019 Interprofessional Continuing Education Seminar

The Idaho State University Kasiska Division of Health Sciences is pleased to announce the dates and locations of our upcoming 2019 Interprofessional Continuing Education Seminar. For more information go to:

https://files.constantcontact.com/8bba3631601/27c4a5d4-e882-4d9c-9d64-759f4da7f28a.pdf

Pocatello – March 10th ISU Pond Student Union Building 1085 Cesar Chavez Street Pocatello, ID 83209

Meridian – March 31st
West Ada School District Service Center
1303 E. Central Drive
Meridian, ID 83642

Coeur d'Alene – April 14th
North Idaho College Student Union Building
1000 W. Garden Ave
Coeur d'Alene. ID 83814

For online registration:

https://pharmacy.isu.edu/ce/order

Legal and Public Affairs

Katie Erickson



With the 2019 legislative session under way there have been a few more updates to the pharmacy law that are important for our future practice. The most significant was the drug substitution language. It was advertised that a prescriber can write a prescription for a disease or drug class and allow the pharmacist to work with the patient to fill in the details. The law itself says that a prescriber may authorize a pharmacist to substitute a drug with another drug in the same therapeutic class. Overall, the drug substitution will be really helpful for formularies especially for transition of care programs that are working to facilitate a successful

patient transition from hospital to home. A summary of the new changes include:

- 1. Expanded pharmacist prescribing allowing intranasal drugs for allergic rhinitis, topical medications for acne, and benzonatate for cough
- 2. A prescriber may authorize a pharmacist to substitute a drug with another drug in the same therapeutic class
- 3. Much like mobile banking, an image of a prescription is now a valid means to provide a prescription to a pharmacy
- 4. Additionally, any references to the MPJE or Pharmacist in Charge were eliminated

ISHP looks forward to future collaboration with the new Idaho Board of Pharmacy Executive Director and The Board on the continuation of expanding our practice within Idaho to improve patient care.



Why Pharmacy?

Justin Messenger 2018-2019 I-LEAD Fellow

As a career path, why did I choose pharmacy? I am a 2011 graduate from ISU's College of Pharmacy and am a current MBA student at ISU as well. I had close to 12 years of retail experience before pivoting into hospital pharmacy two years ago. Looking back, I set my sights on pharmacy because of a recommendation from my older brother. That was during my sophomore year in high school. After researching the profession and presenting on it during career day, I knew pharmacy was what I wanted to do.

During my research years ago, I valued the different career paths pharmacists have access to. There are many: community pharmacy (retail, independent), hospital (ER, ICU, Oncology, Medicine, Ambulatory Care), clinical, pharmaceutical, or a combination of those to name a few. It's truly amazing how many different paths a pharmacist may take, or even change, during the course of his or her career.

I'm not sure on the exact path I'm headed. I have always enjoyed the financial aspect of pharmacy and have enjoyed the MBA program. I also have enjoyed the switch to hospital pharmacy from the community/retail sector, although I miss the patient interaction greatly. I see myself continuing to develop my hospital skills and applying the MBA teachings to continue to improve processes, workflow, and inventory management at the hospital I'm currently employed at.

For the past 14 years, I've worked in some aspect of the pharmacy business. I started as a technician, then intern, and finally pharmacist. I've witnessed many changes, some positive and some negative, but look forward with hope and excitement for what the future brings for the profession like provider status and independent prescribing.

Want to learn more about I-LEAD? Click on the I-LEAD link: https://ishp.wildapricot.org/ilead

Meet a Member

Paul Driver



"Pharmacy has been good to my family and I wanted to be a part of it"

Editor's note: Paul has been an active member of ISHP since 1984. It has been my pleasure to know and work with Paul through ISHP since that time. Paul has graciously submitted this article that highlights his illustrious pharmacy career.



Looking back to the start of my career, I had asked myself, why pharmacy? My family has a rich tradition in pharmacy. My paternal grandfather was a pharmacist, graduating in 1917 from University of California in San Francisco. My aunt and her husband both graduated from Idaho State College in 1937 and 1939 respectively, my father from Idaho State College in 1943 and his brother-in-law, from University of Utah in 1973. You could say I went into pharmacy because of the family tradition. Not so. I decided on pharmacy because it had been good to my family and I wanted to be a part of it.

My college education and training started in 1972 at Utah State University where I received a BS in Biology in 1976. I then transferred to Idaho State University in 1975 and began pharmacy school, graduating in 1978 with a BS in Pharmacy. (I

transferred my first year of pharmacy school back to Utah State to get my degree there. I then transferred the degree to Idaho State so I wouldn't have to repeat all the University graduation credits at ISU). I decided to go back to school and get a PharmD after learning about external programs in the 1980's. I applied and was accepted into the University of Illinois, Chicago program in the Fall of 1988. I completed all at home courses and rotations by the Spring of 1990 and graduated from Illinois with high honors. I have also completed traineeships with the ASHP Foundation in Clinical Pharmacy Dialysis Services, Anticoagulation Management Services and Pharmacoeconomic and Outcomes studies. I was certified as a Poison Information Specialist in 1983, Board Certified Pharmacotherapy Specialist in 1993 and received a certificate in Antibiotic Stewardship in 2017.

My pharmacy career started at St. Anthony Community Hospital in 1978 and continued when it was sold to Intermountain Health Care and became Pocatello Regional Medical Center. I was a staff clinical pharmacist participating in Hemodialysis services, Code teams and multiple hospital committees. As adjunct faculty at ISU I was the interim director of the Drug Information Service for two years and participated in teaching in the Drug Information and Therapeutics Courses for many years. After 23 years at Pocatello Regional Medical Center, I moved to Lewiston, Idaho where I was hired as a clinical pharmacist at St. Joseph Regional Medical Center. While at St. Joe's, I worked in ICU, Med/Onc and Med/Surg Services. I was the lead pharmacist in establishing the St. Joseph's oncology infusion service and the Pharmacy Medication Management Services (Anticoagulation Clinic). I was able to create multiple collaborative agreements with the oncologists and community practitioners during my tenure. I actively participated in multiple medical staff committees at St. Joe's and was promoted to Pharmacy Clinical Coordinator in 2006 and continued in that role until April of 2018 when I retired.

I have had a long history with ISHP, initially joining after talking with Ron Endo (President of ISHP at the time) and Claire Forsyth (Board member). Both were colleagues and Ron worked with me at Pocatello Regional Medical Center. After attending a couple of the meetings in Sun Valley, I was hooked. I decided that it was time to participate at the Board level, in part, so I could let my boss know "I had to go to the meeting because I am an officer" but also because of the strong family feeling of the organization. I continued to be a member of ISHP for the latter reason and the strong advocacy role ISHP gives to its members. Subsequently, I held various board positions including Chair of Legal and Public affairs four times, Administrative Affairs once and finally as President from 2000 to 2002.

During my tenure on the Board as Chair of Legal and Public Affairs, I developed the original draft documents for the rules for collaborative practice in Idaho as well as the general technician requirements. These documents were presented to the Board of Pharmacy for review with the collaborative practice recommendations general adoption into the official rules. The technician recommendations were partially adopted over the next several years. As Chair of Legal and Public Affairs I started the practice of attending Board of Pharmacy meetings to represent the interest of ISHP. As Chair of Administrative Affairs, I developed the first collection of Policies and Procedures manual for ISHP.

I have been honored by ISHP with the Leadership award (twice), Excellence in Research award (twice), Past Presidents Award and Pharmacists of the Year. I have had the pleasure to serve ISHP and ASHP as a Delegate to ASHP at least 10 times, been a Director at Large for the Section of Inpatient Care Practitioners with ASHP (2004-2006) and in 2012 became a Fellow of American Society of Health-System Pharmacists (FASHP).

My plans for retirement are to continue to advocate for pharmacists practitioner status, serve ISHP and ASHP as needed, travel to visit my two children, READ BOOKs, continue to do Eagle Scout Boards of review and generally relax. My wife Gail and I are delivering food to seniors in Lewiston as part of our giving back to the community. And of course, we are digging out of the 40 years of accumulating junk around the house that we never had time to do before this other kinda stuff!

ASHP House of Delegates

New ASHP Delegate



Each year, ISHP sends two Idaho pharmacists to the ASHP Summer Meeting to represent Idaho and Idaho pharmacy practice. These Idaho delegates will place key votes for national healthcare policy initiatives as well as propose new initiatives to improve our practice across the state.

Arielle Martin, clinical pharmacist at Saint Alphonsus Regional Medical Center, will serve as our newest delegate for 2019-2021. She will join current delegate Paul Driver at the upcoming summer meeting in Boston.

The House of Delegates will meet in person on two separate occasions at the 2019 ASHP Summer Meetings in Boston. Additionally, there will be two virtual House meetings in March and November 2019.

For more information about the ASHP House of Delegates, please see their webpage at:

ASHP's House of Delegates webpage

Dates to keep in mind:

February 22 – ISU College of Pharmacy Spaghetti Feed/Trivia Night – Pocatello/Meridian

February 26 – ISHP Sponsor Appreciation Reception – Coiled Wines, Boise

April 6th & 7th - ISHP Spring Meeting - Saint Alphonsus, Boise

October 11, 12 & 13th - ISHP Fall Meeting - Sun Valley

Legislative Day at the Capitol

ISHP has been actively engaged with our lawmakers as the 2019 Legislative Session gets underway. In mid-January, ISHP, along with the Idaho State Pharmacy Association and the ISU College of Pharmacy, collaborated on Pharmacy Day at the Capitol to promote pharmacy practice and support legislative efforts that will significantly impact how you practice for years to come. ISHP co-hosted an informational table to educate legislators on how health-system pharmacists contribute to the health care industry in Idaho. ISU Pharmacy students were also on hand to present informational and educational posters to legislators as well as concerns that our professional is facing. The posters also highlighted services that pharmacists can provide.

The day concluded with a Legislative Reception at Beside Bardenay. This reception provided an opportunity for our members to talk with legislators and explain the challenges and opportunities in the pharmacy industry.







Industry Partner Reception

ISHP will host our annual Industry Partner Reception on February 26th at Coiled Winery. The reception is our Board of Directors' opportunity to say thank you to our pharmaceutical and medical device industry partners who support our association. It is because of our partners who step up to sponsor our Spring and Fall conferences each year that we are able to serve our members all year long.

Industry Partner Reception

Tuesday, February 26th, 2019 5:00 p.m. - 7:00 p.m.

Coiled Winery 3408 W. Chinden Blvd., Garden City, ID

Join the ISHP Board of Directors and our industry partners for an evening of wine and conversation. We'll be showing our appreciation to our pharmaceutical and medical device industry partners who support our association all year long.

Please click the following link to RSVP to this event!

Alex Adams Moves to New Role

ISHP would like to congratulate Idaho Board of Pharmacy Executive Director, Alex Adams as he moves away from the Board of Pharmacy into a new role in the Idaho government. As many of you learned in late December, Alex Adams was selected for the role of Administrator of The Idaho Division of Financial Management by Governor Little. This is quite an honor and it speaks to the hard work and accomplishments that Alex has made for Pharmacy in Idaho.



Of course, this big move created quite a stir across the pharmacy continuum with many sad to lose such a strong voice and advocate for pharmacy practice, but also that it seems like there is still quite a bit of work to be accomplished with the new laws and for pharmacy advancement. For now, there looks to be an active search for the new Executive Director and ISHP will work to keep you informed every step of the way through this transition.

Spring Meeting Registration!

Registration is now open for ISHP's 2019 Spring Meeting April 6-7 at Saint Alphonsus Regional Medical Center in Boise. Topics include pharmacy ethics, implications of obesity in pharmacotherapy, precepting, hands on device and concept workshop, new stroke guidelines and an update on the opioid epidemic.

ISHP Business lunch Saturday and Reception that evening

We will be also be continuing with another edition of pharmacy trivia!



Register today at:

https://ishp.wildapricot.org/event-3260394

