

# ISHP Newsletter

Volume 27 #1

February 2017

## Idaho Society of Health-System Pharmacists

Newsletter Volume 27 # 1



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### President's Message

#### *Bringing the Strategic Plan to Life*

**Lindsay Kaster**



Happy 2017! The ISHP Board has been working hard to accomplish the goals we set for ourselves at the Fall Meeting. Here are some of the things that we've been working on in the past several months:

- **ACPE Re-accreditation:** With significant work done by Ryan Fitzgerald, our Executive Director, we are official in good standing in the eyes of our accrediting body, ACPE. If you see Ryan, thank him for his efforts!
- **Tobacco Cessation Legislation:** We worked with the Idaho Board of Pharmacy to help pass legislation allowing pharmacist prescribing of smoking cessation products. Are you interested in this law, or others that the Idaho Board of Pharmacy is considering? Please look out for a survey coming your way in the next couple of months to let us know your thoughts on the issues facing our profession.
- **House of Delegates Elections:** The ASHP House of Delegates for this year are Mike Dickens and Lindsey Hunt, with Paul Driver and Arielle Martin as alternates. Congratulations to them!
- **Industry Partnering:** We held our third Industry Relations event in order to dialogue with our Industry Partners about keeping the costs of CE low for our membership. Remember to always thank our sponsors during our annual conferences, and we'll continue working with them on how to mitigate costs while keeping the excellent quality of our CE!

(Continued on page 4)

**2016 – 2017 ISHP  
Officers and Directors:**

President:	Lindsay Kaster
President-elect:	Rob Wills
Past President:	Chris Oswald
Secretary/Treasurer:	Jessie Litke
Executive Director:	Ryan Fitzgerald
Administrative Affairs:	Debbi Burr
Education:	Kasidy McKay
Programs:	Eliza Borzadek
Legal & Public:	John Sullivan
Professional Affairs:	Andrea Winterswyk
Student Representatives:	Meridian – Monica McLain Pocatello – Serena Hand
Technician Representative:	LeAnn Bolster
ISU College of Pharmacy Representative:	John Holmes
Northern Idaho regional Representative:	Steve Crenshaw
Central Idaho regional Representative:	Elizabeth Duncan
Information Technology Committee:	Jim Nguyen
Newsletter Editor:	Kent Quickstad
ASHP Liaisons:	Beverly Black/Kimberlee Berry

**EZ contact information:**

All of these Officers and Directors can now be reached at one place!

[ishpcontact@gmail.com](mailto:ishpcontact@gmail.com)



*The mission of ISHP  
is to promote the highest levels  
of pharmacy practice by our  
members*



**ISHP Fall Meeting**

**Sun Valley**

**September 29 → October 1,  
2017**



## ISHP 2017 Spring Conference

March 31, April 1 & 2, 2017 – Saint Alphonsus, Boise



*Guardians of the Medication Galaxy:*

*Pharmacy Professionals Providing Safe and Effective Therapy for Vulnerable Populations*

**Pharmacist Track**

### **Friday, March 31, 2017**

2:00 - 5:00 PM Workshop - Drug-Induced Diseases: Pediatric and Geriatric Patient Cases

### **Saturday, April 1, 2017**

7:30 – 8:30 AM Breakfast CE Class

8:30 - 9:30 AM Update on Newer Antipsychotics with Emphasis on Their Role in the Treatment of Depression and Anxiety

9:30 - 10:30 AM Use with Caution in the Elderly: Review of STOPP/START and Beer's Criteria

11:00 - 12:00 PM Heart Failure Management

1:15 - 2:15 PM Pediatric Seizures: Classification and Treatment

2:15 - 3:15 PM Treatment of Hepatitis C

3:30 - 4:30 PM Compounding Tricks and Pearls for Special Populations

6:00 – 8:00 PM ISHP Reception and Industry Spotlight

### **Sunday, April 2, 2017**

8:00 - 9:00 AM Update on Pneumonia Guidelines: Hospital-Acquired and Ventilator-Associated

9:00 - 10:00 AM Cultural Sensitivity & Pharmacotherapy Considerations in the Management of Transgender Patients

10:15 - 11:15 AM It's All in the Stars: How to be a Top Performing Pharmacy on Star Measures

11:15 - 12:45 PM Idaho Law CE

**Registration to be open soon thru the ISHP website:**

**<http://www.ishp.shuttlepod.org>**

(President's Message – Continued from page 1)

- **Legislative Issues:** With a progressive new Executive Director, the Idaho Board of Pharmacy is considering many new changes in this and coming years. We had great attendance at Legislative Day this year, as well as continuing a relationship with Idaho Pharmacy Leadership Council (ISPA, the ISU College of Pharmacy, the Idaho Board of Pharmacy, and our representatives throughout the state, including Rep Sue Chew).
- **Spring Conference Planning:** This conference is sure to be one of the best in a while! It is packed with tons of great therapeutic information, a fascinating discussion about treating transgender patients, and much more. Try to attend, if possible!
- **Micro-Volunteer Opportunities:** Since our members are busy people, we are trying to create more opportunities for volunteering your time. If you can't commit to full-time committee membership, consider e-mailing us ([ishpcontact@gmail.com](mailto:ishpcontact@gmail.com)) for a "micro-volunteer" opportunity. You can give your input into legislative issues, review a slide set for an upcoming conference, be on a task force to plan for future ISHP needs, and more, with just a fraction of the time that it may take to be a Board member. Your small moments add up to a big difference for our organization!

As always, the Board is appreciative of your comments and feedback, as we look for ways to continually improve this organization.

*Lindsay*

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**Help us by helping support the ISU College of Pharmacy students at the  
24th Annual Pocatello Spaghetti Feed & the 4th Annual Meridian Trivia Night  
Today's students are the future of ISHP**

**24th Annual Spaghetti Feed**

**MENU: FOOD, FUN, & PRIZES!**

Friday, February 24, 2017  
6:00pm

Idaho State University  
Pond Student Union Building

Admission:  
1 person ~ \$5  
family of 4 (or more) ~ \$20

There will be a raffle and a live auction with great prizes that will help support the students of the College of Pharmacy.

Students will donate 25% of the proceeds to a local Make-A-Wish child.

**MAKE-A-WISH**  
Idaho

pharmacy.isu.edu/live/sfra

**Idaho State UNIVERSITY**  
College of Pharmacy

**AphA-ASP**  
AMERICAN PHARMACISTS ASSOCIATION  
ACADEMY OF STUDENT PHARMACISTS



4th Annual Meridian Spring Fundraiser

# **!TRIVIA NIGHT! & AUCTION**

**Who: You. Family. Friends. All Ages Welcome!**

**What: Trivia hosted by Last Call Productions.  
Live, Silent, & Raffle Auctions.  
Wine Wall.**

**When: Wednesday, March 8, 2017 @ 6:30pm**

**Where: Burger N' Brew  
4295 W State St. Boise, ID 83703**

**Cost: \$5 per person**

**Raffle tickets: \$1 each or \$5 for six**

## **PRIZES!**

**1st: \$100**

**2nd: \$75**

**3rd: \$50**



**Idaho State  
UNIVERSITY  
College of Pharmacy**

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**Don't forget about the ISU College of Pharmacy 2017 Continuing Education  
Spring Seminars in Meridian, Pocatello and Coeur d'Alene**

**For more information, please go to:**

<http://pharmacy.isu.edu/live/ce/live.html>

# Legal and Public Affairs Update

John Sullivan

The **2017 Idaho Legislative session** is in full swing after a bumpy start due to our winter weather. For pharmacy, the session began with the hearings for the **Board of Pharmacy rules changes**. All proposed changes are approved and will take effect at the end of the legislative session. These changes included the **update to technician utilization language** allowing technicians to take verbal orders, administer vaccines, and perform technician verification outside of the institutional setting. All 2017 rules updates are available on the Board of Pharmacy website. ([https://bop.idaho.gov/code\\_rules/](https://bop.idaho.gov/code_rules/)). The Board of Pharmacy also introduced new legislation allowing **pharmacists to prescribe tobacco cessation products**. This piece of legislation was introduced in the House and passed with a 70-0 vote; it is now with the Senate Health and Welfare Committee and is expected to pass. If you would like to follow this bill here is the link (<https://legislature.idaho.gov/sessioninfo/2017/legislation/H0004/>).

**Pharmacy Day at the Capitol** was held on Martin Luther King Jr. Day January 16, 2017. The day began with the health fair inside the capital building. Pharmacy students and pharmacists were available to answer questions and promote the profession of pharmacy to our legislators. Legislators could also receive vaccines and have health screenings performed by the students from ISU. The morning provided great interaction with our legislators; they appreciate our profession and the opportunity to interact with us. The day wrapped up with the **reception at Beside Bardenay**. The reception was well attended by pharmacists, students, members of the Board of Pharmacy and legislators. It was the perfect opportunity for great discussion and spending time with colleagues. Mark your calendars for Martin Luther King Jr. Day next year, which is January 15, 2018. This day is a great opportunity to promote pharmacy within our state and to show and ask for support on pharmacy related issues.

In regards to **provider status**, our work group met in early January to discuss our progress. We had been waiting for interpretation of an area within Title 41 (41-4315) in statute. The Department of Insurance provided us with follow up regarding the language and essentially stated that this section was designed to allow businesses to form Hospital and Professional Service Corporations similar to insurance companies and is not used anymore. They suggested that we continue to work with the insurance companies directly. Current rule may allow pharmacists to contract directly. We are working with ISPA and are currently in discussion with the major providers, I will continue to keep you updated as we progress. **On a federal level, the provider status bills have been re-introduced in both the Senate and House**. The House bill has 120 co-sponsors remains H.R. 592. The Senate bill has 27 co-sponsors and is now S. 109. ASHP is actively working on moving this initiative forward. The number of co-sponsors exceeded their expectations, which is a positive sign.

The **Board of Pharmacy** held their meeting in early January. The primary focus of this meeting was to identify items to focus on for next year's legislative session. The primary focus will be on licensing. **The Board will be moving to a new licensing system and is looking at ways to streamline the licensing processes that exist today**. Alex Adams presented several opportunities outlined in brief below with the goal to obtain direction from the Board on whether or not to pursue language changes. Full minutes from the Board meeting can be found here: [https://bop.idaho.gov/2017-01-26\\_Draft%20Minutes\\_January%202012-13.pdf](https://bop.idaho.gov/2017-01-26_Draft%20Minutes_January%202012-13.pdf)

- **License renewals:** Move the annual renewal to a birth month model meaning your renewal month will coincide with your birth month rather than annually in June. (Board will pursue)
- **Technician-in-training:** Change the technician-in-training license to be a one-time two –year license rather than a license that may be renewed twice. (Board will pursue)
- **Non-Pharmacy Retail Outlets:** The proposal was to remove this type of license, the Board requested more research before a decision could be made as to whether or not pursue.
- **Pharmacist Controlled Substance Registration:** Proposal to strike this registration. (Board will pursue)

- **Interns/Externs:** Proposal to strike the Extern license and condense into Interns only. (Board will pursue)
- **Inactive Status:** Proposal to strike this status allowing for grandfathering of current inactive pharmacists. (Board will pursue)
- **Create a Student Pharmacy Technician Registration Category:** Our high schools offer technician-training programs. Current rule states a 18 years of age minimum requirement. This category would lower the age to 16 years. (Board will pursue)
- **Registered Pharmacists:** Provide clarification when an out of state pharmacist must be registered or licensed to practice into the state. (Board will pursue)
- **Prescriber Drug Outlets:** Proposal to require a director for PDO facilities. (Board will pursue)
- **Continuing Education Requirements:** Move to requiring 15 hours of ACPE approved credit without further requirements. (i.e. No Live, Law, Sterile compounding, etc.) (Board will pursue)
- **ADS Registration:** Proposal to harmonize language with federal law and strike the nursing home registration. (Board will pursue)
- **Mail Service Pharmacies:** Hours of operation requirements are difficult to meet. The Board requested additional information before they will make a decision on pursuing.

The next Board of Pharmacy meeting will be held April 13 and 14<sup>th</sup> in Boise. There will be more discussion on these items at that time. The Board is also planning to hold **“town hall” meetings** again this year across the state. The dates are to be determined. The Board wants your feedback, so please plan to attend once the time and locations are determined. We will keep you posted.

*John*

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## CALL FOR SPEAKERS!

**The 2017 ISHP Fall Conference in Sun Valley (September 29 → October 1<sup>st</sup>) will focus on the pharmacist’s role and medication therapy for critical care and emergency situations in rural communities.** The goal is to integrate ambulatory care, inpatient and community pharmacists and provide skills so all pharmacists from every setting understand their roles and are able to incorporate these skills into their pharmacy practice.

### Proposed Session Topics:

- Hypertensive Urgency and Emergency
- Pharmacist’s Role in Disaster Management
- Basic First Aid and Wilderness Survival: What Should a Pharmacist Know?
- Principles and Clinical Pearls of Transplant Therapeutics (to include immunization requirements)
- Gastrointestinal Prophylaxis in Critical Care: Review of Guidelines and Most Recent Literature
- Management of Sedation, Delirium, and Analgesia in ICU
- Acid-Base Balance for Dummies: Interpretations of Results, Clinical Presentation, and Treatment
- Pharmacist’s Role in a Trauma
- Pulmonary Arterial Hypertension
- Rapid Sequence Intubation

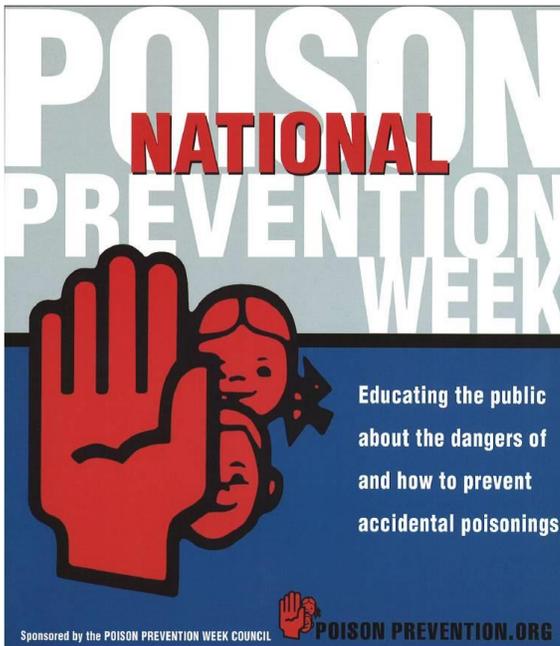


Please contact Eliza Borzadek, ISHP Education Chair, at [eliza@borzadek.com](mailto:eliza@borzadek.com) if you are interested in sharing your expertise with fellow pharmacists.

If you are a pharmacy technician and you are enthusiastic about presenting during the Technician Track at 2017 ISHP Fall Meeting or have fantastic ideas for topics, please contact Eliza Borzadek.

# NATIONAL POISON PREVENTION WEEK

## March 19-25, 2017



Mark your calendars now for National Poison Prevention Week, which is traditionally observed the third full week in March. The recurring theme is “*Children Act fast...So Do Poisons!*”

As in previous years, Idaho pharmacists, technicians, and students are teaming up with our partner, the Idaho Department of Health and Welfare (via 211 Idaho CareLine), to help educate our citizens about poison prevention. A formal notice (postcard) will be mailed to all Idaho registered pharmacists, certified pharmacy technicians, elementary schools, WIC clinics, daycares, and Head Start clinics during the month of February. ISU pharmacy students will receive an e-mail instead. Please **SAVE THIS POSTCARD or E-MAIL**--it will direct you to a website from which you can obtain information about Poison Prevention Week and order materials for your classroom (or other) presentation.

And, you may find these other online resources helpful:

- <https://poisonhelp.hrsa.gov/index.html> (Health Resources & Services Administration)
- <http://www.nebraskapoisson.com> (Nebraska Regional Poison Center—this is the regional poison center for Idaho)

Please consider teaching poison prevention to third graders in the school(s) of your choice. It is always fun, only takes about an hour of your time, and is much appreciated by the students and their teachers. This is a great opportunity for community outreach and will help prevent unintentional poisonings in our state’s children.

As usual, we will attempt to schedule a proclamation signing ceremony for *Poison Prevention Week in Idaho* with the Governor or his designee.

For further information, please contact Les Gieselman via e-mail ([lesgieselman@gmail.com](mailto:lesgieselman@gmail.com)). Thank You for your participation!

*Les*

Les Gieselman, PharmD  
Poison Prevention Week Coordinator  
Idaho Society of Health-System Pharmacists



## 2017 ASHP House of Delegates Election Results



Congratulations to **Lindsey Hunt** and **Mike Dickens** as being elected to serve as the **Idaho representatives to the 2017 session of the ASHP House of Delegates**. The House of Delegates (HOD) is the policy making body of ASHP. The House will convene during the ASHP Annual meeting next June in Minneapolis. Prior to the national meeting, Mike and Lindsay have the opportunity to attend one of the Regional Delegate Conferences (RDCs) held across the country where

smaller groups of delegates have the opportunity to discuss issues that will come before the larger group. This will be a transition year, in that Mike (3<sup>rd</sup> year delegate) will serve until Fall of 2017 and “train-up” Lindsey to serve until Fall of 2018. Your ISHP Board of Director’s felt it was in our association’s best interest to stagger these two delegate positions so that incoming/outgoing delegates do not occur at the same time, thus maximizing the effectiveness of our State Affiliate Chapter of ASHP.

Thanks are also in order to **Paul Driver** and **Arielle Martin** who were selected as the alternate delegates for Idaho. The alternate delegates will stand-in for the elected delegates if they cannot be present or for some reason cannot perform their duties.

If you have any questions or issues that you would like addressed on the national level, please contact either Lindsey or Mike directly or refer to the ISHP website:

<http://ishp.shuttlepod.org/ASHP-House-of-Delegates>

For more information on the ASHP House of Delegates, the role of the delegate, the policy making process, or other activities, please go to the ASHP Delegate Webpage:

<http://www.ashp.org/menu/PracticePolicy/HOD>

Lindsey Hunt  
Mike Dickens

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### Technician’s Corner

LeAnn Bolster - ISHP Technician Representative



Hello Technicians!

Hope you all had a fabulous holiday season. I don’t know about you but I’m done with winter and am looking forward to a warm and sunny spring. And along with spring comes the **ISHP Spring CE Conference** and meeting. We have been hard at work preparing interesting CE topics for the technicians. Topics will cover **compounding, law, Hepatitis C, pediatric infections, new drug updates, dosage calculations, safe disposal of medications, dementia, allergic rhinitis, urinary incontinence, and pharmacy technician opportunities on the horizon**. Registration will open soon.

Speaking of pharmacy technician opportunities, exciting things continue to happen in the pharmacy technician world – not just locally (Idaho) but also nationally. In Idaho, the proposed **rules changes for technicians were approved and will take effect in March**. Some of the approved changes included: allowing **tech-check-tech (now called accuracy verification technicians) and certified pharmacy technicians**

**administering vaccinations.** On a national level, PTCB has been conducting job reviews and surveys to establish uniform education and training requirements for certified pharmacy technicians. Due to feedback and evolution of our job tasks, PTCB has decided to suspend the accredited education requirements for certification that were due to take effect in 2020 (<http://www.ptcb.org/about-ptcb/news-room/news-landing/2017/01/23/ptcb-suspends-implementation-of-accredited-education-requirement-originally-planned-for-2020>)

Additionally, PTCB will be holding a **stake holder conference** (<http://www.ptcb.org/about-ptcb/news-room/news-landing/2017/01/26/planning-continues-for-february-stakeholder-consensus-conference#.WJJCTPkrKM8>) to collect more data and further explore education and training requirements that will be needed for future certified technicians. If you have a moment, please watch this statement by PTCB CEO, Everett B. McAllister (<http://www.ashptv.com/#0scdj5cgxyw>), it is only about 8 minutes long. These are all good first steps to expanding our profession and creating a career ladder for technicians and we will talk more about the coming changes and where our profession is headed at the ISHP Spring CE Conference.

A few housekeeping items: The Spring CE meeting is also when ISHP will call for **nominations for the technician representative on the Board**. You must be a member of ISHP to be considered (dues are only \$25 per year for technicians to join and also gives you a price break for our CE sessions.) This is a great opportunity to influence and effect change for pharmacy technicians. For example, as your representative, I attended an Idaho Board of Pharmacy meeting at the Capitol and spoke in support of the proposed technician rules changes for the entire state. It was an amazing learning experience and I was able to do something for the benefit of *all* technicians in Idaho. If you or someone you know are interested please fill out a nomination form at the meeting or send an email to [ishpcontact@gmail.com](mailto:ishpcontact@gmail.com) when the call for nominations is announced (self-nominations are ok.) If you are interested in being more involved with ISHP we also have other volunteer opportunities available.

Just a reminder that there is a **technician corner** (<https://ishp.wildapricot.org/page-1863663>) on the ISHP website that includes a **discussion forum and a section for job postings**. Please let your employers/HR department know it is free to post job openings by contacting ISHP.

And as always, feedback, suggestions, and ideas regarding any aspect of ISHP are all appreciated and welcomed. Here's to warmer sunnier days and I'll see you at the spring conference.

LeAnn



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Just in case you missed it at the ISHP Fall meeting last September:

Jennifer Adams from the American Association of Colleges of Pharmacy (AACP) spoke about a new website <http://pharmacyforme.org/> which provides some great information about what a pharmacist does. If you have someone interested in a pharmacy career but wants more information on pharmacy, career opportunities and stories of inspiring journeys, refer them to this site.

*Pharmacists help people live healthier, better lives*



## Updates from the Idaho Pharmacy Research and Education Foundation



IDAHO PHARMACY  
*Research & Education Foundation*



The totals are in from the 2016 Fall Fundraiser and the Lucky Duck game was a huge success! The event raised over \$600 for the Foundation. In turn, the Foundation awarded two travel grants to the winners of the ISU Clinical Skills Competition. These students traveled to the ASHP 2016 Midyear Clinical Meeting and participated in the National Clinical Skills Competition. Thank you to all of the student volunteers during the game, participants, and prize donors. Stay tuned for future IPREF events at the 2017 Spring and Fall ISHP Conferences!

The purpose of the Idaho Pharmacy Research and Education Foundation continues to focus on IMPROVING, EDUCATING, PROMOTING, and ENCOURAGING pharmaceutical services at all levels. Help us help others and our profession by donating to the Foundation!

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### Nominations for the ISHP Board of Directors:

# Coming Soon!

Nominations for the ISHP Board of Directors will open during the Spring Conference. Positions opening up include Programs, Professional Affairs, Technician Representative, and President-Elect. Stay tuned for more information.

