# ISHP Newsletter

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# Idaho Society of Health-System Pharmacists Newsletter Volume 24 # 4



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#### President's Message

"Pharmacist and Technician Roles in a Changing Pharmacy World"

#### **Debbie Rothstein**

My first president's message focuses on ISHP involvement in ASHP's Pharmacy Practice Model Initiative and how to leverage the technician role in our pharmacies. Technicians are trained professionals; maximizing their contribution can provide pharmacists time to bring PPMI to life in our health-system settings.

At our September meeting Kimberlee Berry, ASHP member liaison, described to attendees PPMI goals, consensus recommendations, and implementation resources. She echoed ASHP CEO Paul Abramowitz's words regarding the importance of Idaho State's use of the Hospital Self-Assessment to help us start the transformation of PPMI recommendations into action.

ASHP's Pharmacy Practice Model Initiative (PPMI) (Am J Health-Syst Pharm – Vol 68 Jun 15, 2011, p 1148) aspires to transform how pharmacists care for patients by empowering the pharmacy team to take responsibility for medication-use outcomes. Through PPMI, ASHP and the ASHP Research and Education Foundation work to maximize the pharmacists' role in patient care by improving health-care team integration, leveraging pharmacy technicians, promoting pharmacist credentialing and training, encouraging the appropriate use of technology, and taking leadership in medication use.

Our first step is to create a PPMI state leadership task force. Your ISHP officers and board will serve on this team. John Sullivan (see his newsletter article) is our champion, writing an ASHP grant to help us support the completion of the survey in our hospitals. Pharmacists along with ISU pharmacy student and technician representatives will flesh out PPMI plans at our ISHP strategy session this month.

(Continued on page 2)

### 2014 – 2015 ISHP Officers and Directors:

President:

Debbie Rothstein

President-elect:

Chris Oswald

Past President:

Angela Melbihess

Secretary/Treasurer:

Dawn Berheim

Administrative Affairs:

Scott Milner

Education:

**Brandon Griffith** 

Programs:

Lindsay Kaster

Legal & Public:

John Sullivan

**Professional Affairs:** 

Josh Ingram

Student Representatives:

Justin Bell

Technician Representative:

Megan Echevarria

**Executive Director:** 

Teri Ottens



Sun Valley

September 25, 26 & 27<sup>th</sup>\*

\*Tentative dates contract still pending with Sun Valley

# The mission of ISHP is to promote the highest levels of pharmacy practice by our members

#### Got Presentation?



ISHP is looking for speakers for the Spring 2015 ISHP Conference in Boise on April 11 – 12th.

We are looking for pharmacy technician and pharmacist speakers on a variety of topics. If you have an interest in being a featured speaker at these highly regarded educational events please contact ISHP, Brandon Griffith or Lindsay Kaster.

(President's Message – Continued from page 1)

ISHP worked with ISPA and the Idaho State Board of Pharmacy to change technician to pharmacist ratios, ensure pharmacy staffing with healthcare professionals, and to require national certification of technicians. It is time to begin the serious work of standardizing technician education requirements. As I see it, pharmacists need well qualified technician support in order to realize real, sustainable change.

I am attending an ASHP Presidential Officer Retreat this month as well. On the agenda is how to promote and advocate for technician training, certification and credentialing at the state level, actively engage technician members in PPMI changes and how to standardize technician education requirements.

I strongly encourage each of you to familiarize yourself with ASHP's Pharmacy Practice Model Initiative and to be members of both ISHP and ASHP. This is your profession.

Let's take charge of our future. **Debbie** 

#### **ISHP Election Results**

Many thanks to all of the candidates who submitted their names for the open positions on the ISHP Board of Directors. Congratulations to the following who were sworn into office at the ISHP Fall Business meeting on Saturday September 27<sup>th</sup> in Sun Valley.

**President - Debbie Rothstein** 

**President-Elect - Chris Oswald** 

Secretary-Treasurer - Dawn Berheim

Director and Chairperson, Administrative Affairs - Scott Milner

Director and Chairperson, Education - Brandon Griffith



# And the other Election Results...or..."Here comes the Judge"



ISHP would like to congratulate member and past ISHP President **Sam Hoagland** on being elected as the **4th Judicial District Judge** on November 4<sup>th</sup>. Sam won a close non-partisan race obtaining 53% of the vote (60,567 to 54,170). For more information, please see the Idaho Statesman article at: <u>Link to Idaho</u> Statesman Story

The following ad was written by Sam and appeared in the Idaho Statesman on Sunday November 9





I am overwhelmed with gratitude at the outcome of this election and for everyone who voted for me. I am humbled and honored by the trust that you have placed in me. We worked hard to show that there was a clear difference in the candidates, and our efforts were rewarded by your votes. Thank you so much.

We had so many supporters that I cannot name them all here. I want to publically express my thanks to my wife, Kari - for without her help and support this would never have happened. I also want to thank my core committee: Dave Leroy, Lloyd Lyle, and Dan Luker. Their efforts were instrumental beyond measure. I also want to publically thank some of the many others who worked exceptionally hard on the campaign: Ken, Andy, Kurt, John, Alan, Craig, Walt, Pam, Diana, Don, Mark, Gary, Rick, Greg, Jack, Laurie, Rob, Steve, Rachel, Chris, Bob, Lee, Maxine, Lydia, Jeff, David, Carl, Larry, Jim and Hannah. There were many more who quietly worked behind the scenes - you know who you are. Thank you one and all.

I promise to do my best to administer justice in a fair and impartial manner. God bless you all.

### **ISHP Treasurer's Report**

#### **Tricia Aggers (Outgoing Secretary/Treasurer)**

First, I want to thank all the pharmacists, technicians, students, sponsors and exhibitors that attended the Idaho Society of Health-System Pharmacists 2014 Annual Fall Conference. The initial financial numbers indicate that we will make a substantial amount more than we did last year (~\$14,000 vs \$2,000). At the beginning of this year, ISHP had to take \$6000 out of our savings to meet our operating expenses. It is my goal that we can replace some, if not all of the \$6000 with the revenue from the Sun Valley Meeting. A huge thank you goes out to all of those involved in planning the meeting. It is there diligence in watching the bottom line that has put us in a much better financial state than we were a year ago.



While developing the 2015 Budget this year, the ISHP Board focused on two major areas:

- 1. Offsetting the declining grant funding available for our conferences with other revenue
- 2. Offering more reimbursement to our ASHP delegates

What does this mean to you as members of ISHP?

Your continued SUPPORT through MEMBERSHIP and CE MEETING ATTENDANCE is what keeps this organization viable!

# Attention ISU College of Pharmacy Grads!



Just in case you missed it from the ISU College of Pharmacy, be sure and check out the online graduation photo site. Photos of College of Pharmacy graduates from years 1938 to 2014 are now online!

# https://pharmacy.isu.edu/alumni/classPictures

Many thanks to the College for putting this together. We sure all looked a lot younger then!

# And a note from your Education and Program Councils



We had a superb fall meeting in Sun Valley, with many timely and informative topics, such as Transitions of Care, PPMI, Vaccination Updates, and much more. We are excited to continue offering popular and informative topics this coming spring. The Spring meeting will be April 11<sup>th</sup> and 12<sup>th</sup> at St. Luke's Medical Center in Boise. The Education Committee will be sending out invitations to speak at the end of the month. If you are have a topic or a speaker (or you are a speaker with a great topic!) that would contribute to the high quality CE that we offer, please let either Lindsay Kaster (Lindsay.kaster@va.gov) or Brandon

Griffith (griffitb@slhs.org) know as soon as possible. Thanks to all of you who joined us in Sun Valley last September!

# **Idaho Pharmacy Research & Education Foundation (IPREF)**

#### Angela Melbihess, ISHP Immediate Past President

The annual fall meeting in Sun Valley was a successful fundraising drive for IPREF. Congratulations to David Nobile who was this years' winner of a new Apple mini-iPad. At Casino Night, a fun time was had by all as participants were able to socialize, play games, and have bidding wars for the objects of their desire. Other donations to benefit IPREF were included for those who gave additional funds at the time of registration. The proceeds raised from these efforts in years past have gone to aid ISU students to attend the National Clinical Skills Competition. Funding in the past has also assisted with projects such as Combat Prescription Drug Abuse/ Generation Rx Outreach events



and to the Operation Herbal/ Dietary Supplement Awareness project.

IPREF would like to express much appreciation to all of you who participated in the raffle, Casino Night, and through donations. Please feel free to let us know if you have any new fundraising ideas for IPREF. Always be on the lookout for new opportunities to help us support the students and research efforts of pharmacists in the great state of Idaho. If you would like to apply for a grant or donate to the foundation, please contact me at <a href="mailto:angela.melbihess@sarmc.org">angela.melbihess@sarmc.org</a>.

It is hard to believe another year has passed and once again the holiday season is upon us. IPREF would like to wish you and your loved ones a joyous holiday season and best wishes for the New Year.

# Angela

#### **Technician's Corner**

#### **Megan Echevarria**



Many thanks to the technicians who participated in our program in Sun Valley! It's always great meet new colleagues and obtain a little CE. Thanks as well to the wonderful speakers who gave much of their time in bringing these programs to us. Speaking of programs, it's time now to be thinking about the spring conference in Boise next year. If you have with any ideas for topics or for programs that you may have an interest in, please bring them to my attention. I can be reached by email at

echevarm@sarmc.org.



Thanks! **Megan** 



#### **Administrative Affairs**

Scott Milner, Chair of the ISHP Administrative Affairs Council would like to remind members that many of our By-Laws are up for review in 2015. If you have any comments on our By-Laws, please direct them to Scott at <a href="mailto:scott.milner@imail.org">scott.milner@imail.org</a> To obtain an e-mailed copy of the By-Laws, please contact Teri at the ISHP office at <a href="mailto:tottens@amsidaho.com">tottens@amsidaho.com</a>

### Legal and Public Affairs Update John Sullivan

It was great to see everyone in Sun Valley this year. I wanted to touch on a couple of issues in this newsletter with the first being Bill H.R.4190 - To amend title XVIII of the Social Security Act to provide for coverage under the Medicare program of pharmacist services. This Bill is designed to help facilitate bringing care to underserved areas by allowing pharmacists to bill Medicare part B for ambulatory services provided in these areas. Services provided must be within our scope of practice and supported at the state level. There are areas within Idaho that meet the requirement; this presents a great opportunity for pharmacists. Please show your support by reaching out to our congressional representatives. **Legislative day** is around the corner on **Monday January 19, 2015**, this will present a great opportunity to discuss this topic. You can also send a letter to our representatives, I have provided a couple of links to accomplish this below:

- 1. <a href="http://www.ashp.org/menu/Advocacy/GrassrootsNetwork">http://www.ashp.org/menu/Advocacy/GrassrootsNetwork</a>
  Click on the take action tab and provide the requested information
- 2. <a href="http://www.opencongress.org/bill/hr4190-113/show">http://www.opencongress.org/bill/hr4190-113/show</a>
  Click on the support button under send your Rep a letter and provide the requested information

The second item I wanted to review is the Pharmacy Practice Model Initiative (PPMI). I initially discussed this in the spring and the representative from ASHP presented on this topic in Sun Valley providing the basics of what PPMI is. The next step for Hospitals and Health Systems across Idaho is to complete the Hospital Self-Assessment (HSA). The HSA is a great tool used to identify opportunities within your location to advance the practice of pharmacy. PPMI and the assessment tool focuses on the following goals:

- 1. Pharmacists roles, practices, and activities will improve use and optimize medication related outcomes.
- 2. Pharmacy technicians will prepare and distribute medications and perform other functions that do not require a pharmacist's professional judgment.
- 3. Pharmacists and pharmacy technicians will have appropriate training and credentials for the activities performed within their scope of practice.
- 4. Pharmacy departments utilize available automation and technology to improve patient safety and improve efficiency.
- 5. Pharmacists will demonstrate leadership in exercising their responsibility for medication use systems and will be accountable for medication-related patient outcomes.

ISHP is looking to help facilitate completion of the HSA and possibly host a workshop to discuss what each Hospital or Health System is working on. This workshop could also serve as a venue to identify possible gaps in legislation, future workshops and CE topics for the spring and fall meetings. Please go to the ASHP website, follow the links to PPMI and complete the self-assessment. Here is the link: <a href="http://www.ppmiassessment.org/">http://www.ppmiassessment.org/</a>.

Thanks,

John

#### Student's Corner

#### Justin Bell



**ISU's Annual Pharmacy Fair** - Thank you to each of the companies that participated in ISU's Pharmacy Fair. We had a spectacular turnout! Everyone had a good time and the feedback from students and recruiters was positive. The "Residency Overview" was well attended and very informative. It was helpful to receive needed guidance from residency directors and residents to become better residency candidates. For the Family Night activity we rented

out the Bodies in Motion facility which was a great opportunity for the students, faculty and others to get to know each other outside of school. Thank you to all of those that participated and helped make Pharmacy Fair 2014 a huge success!

**ISU College of Pharmacy Student Outreach Projects** - Excellence continues at the College of Pharmacy, our immunization outreach project received the regional award at a recent pharmacy meeting. This is the second year in a row that the students have received regional recognition for our immunization efforts in Idaho.

**Open House** - The College held their annual Open House on both Meridian and Pocatello campuses in October to celebrate Pharmacist's Month. This annual event let's students showcase all of the student outreach projects, answer questions from the public about pharmacy, provide health care screenings and 50 free flu shots at each campus. Over 200 people came to the Open House event.

**ISHP Fall Conference** - As many of you know, the students of ISU-COP play a vital role in helping the ISHP Fall Conference run smoothly. This year we had approximately 12 student volunteers participate over the 3-day conference. The students were involved in the set-up, registration, introduction of speakers, and grading of CE forms. The College of Pharmacy would like to thank ISHP for their support of the students during this conference and throughout the year. The students also enjoyed the continuation of the Residency Panel Discussion event. Where students were allowed to sit down in a small group with residency directors and discuss the different programs and how to prepare for future residency training.



Clinical Skills Competition - This year we had 18 teams participate over the 2-day competition. We also had 5 judges volunteer their time to help score the cases. The cases were submitted anonymously and scored according to the case answer key and grading rubric. This year's case was very difficult and every team gave a valiant effort to help the patient. In the end the top 3 teams were 1st: Alison Chamberlin and Andrea Winterswyk, 2nd: Amy Butz and Lindsey Hunt, 3rd: Andrew Hibbard and Priyal Patel. Congratulations to all! Alison and Andrea will be representing ISU-COP in Anaheim, CA at the ASHP Midyear National Competition,

where they will compete against hundreds of teams for the top spot in the country and a chance to win \$500 cash and a new iPad mini! We would also like to take this opportunity to thank all of our judges, Barbara Mason Pharm.D, Rebecca Hoover Pharm.D, Danielle Ahlstrom Pharm.D, Elaine Ngyuen Pharm.D, and Autumn Hayes Pharm.D.

Thanks to each of you that help the students and the organizations that they lead. Thank you for your time, effort and sacrifice that helps make everything we do a success.

Justin

#### And the winners are......



#### **Pharmacist & Pharmacy Tech of the Year**

The award winners for Pharmacist and Pharmacy Tech of the year were announced at the Business meeting. With a standing ovation **Amber Fisher**, **Boise VA**, was given the **Idaho Pharmacist of the Year** award for her outstanding work to advance pharmacy practice!

For **Pharmacy Tech**, **Tracy Heitzman**, **from St. Joe's Hospital**, was recognized for her tremendous work at improving patient care and pharmacy operations at her hospital!

Many thanks to everyone who presented a **poster at the Sun Valley meeting** (over 30 posters were presented!). **You are all winners** but the judges decided to recognize the following in the student and pharmacist categories:

#### **Student posters:**

Cory Welch – (St. Luke's Boise/Meridian) - First place - The Expedition to Vaccine Safety

Alison Chamberlin – Second place- Assessing Inpatient Insulin Use

Andrea Winterswyk – Third place - *Probiotics for Prevention of C-diff* 

#### **Pharmacist posters:**

Elaine Nguyen (Boise VA) – First place – Antibiograms and Antibiotic Use in the Treasure Valley

Megan Koyle – (Boise VA) - Second place - Evaluation of Tech-Centered Medication Reconciliation Program in Primary Care Setting within the Boise VAMC

Jessica Litke (Boise VA) – Third place - *Development of a Pharmacy Inhaler Education and Optimization Service* 



And congratulations to **Karl Clough** (pharmacist) and **Ryan Koss** (technician) whose names were drawn in Sun Valley to receive a **free 1 year membership**.

#### **ISHP Needs Assessment**

The following notice was sent out via e-mail on November 17. In case you have not responded to the survey yet (or it has gotten lost in your e-mail!) please **help us out so that we can help you out** by taking just a few minutes and completing the survey.

Every year the Idaho Society of Health-System Pharmacists seeks input from our members to help us to provide better learning experiences. Please take a few minutes to fill out our brief survey. The results of this questionnaire will assist us in planning our Spring and Fall Meetings to meet your educational needs.

Just click on the link below to participate.

https://www.surveymonkey.com/r/PYXMXDP

ISHP thanks you for your time and opinions!





#### From the ISHP Office

#### **Teri Ottens**

#### **Executive Director's Message**



Well once again, thanks to a number of factors, we had a great conference! We could not have pulled it off without the dedicated members of the *Education and Program Committees*, chaired by Chris Oswald and Lindsay Kaster.

This year we also implemented an *Industry Committee* which included pharmaceutical reps from many of our supporting companies and they gave us great input and advice, resulting in the highest number of exhibitors we have had since before the recession and all the new rules governing their participation.

We cannot forget to thank the *students* led by Justin Bell and Kent Parkinson. They come at their own expense to volunteer to assist with the running of the conference and do everything from organizing evaluations to giving introductions, not to mention helping me (yes, I am technology challenged) with all the AV stuff.

Finally it would not be much of a conference without the *participants*, again of which we had a record number. In this day of online training that can be had from your desk, the value of live training and networking has become more important than ever. I saw lots of comradery, networking, comparing notes and just plain friendship in the three days we were there.

Speaking of a record year we had 142 participants with 98 pharmacists, 9 technicians, 12 students and 23 exhibitors present. The meeting proceeds also helped out the ISHP bottom line which has suffered a bit over the past few years due to the recession and changing pharmaceutical grant requirements. In addition to that we made over \$600 for the Idaho Pharmacy Research and Education Foundation with our iPad drawing and Casino Night.

I want to thank the support I get from each of the groups mentioned above and the tireless Board of Directors who work behind the scenes to make sure ISHP is serving our members in the ways you want and need.

Terú

# And from the ISHP photographer extraordinaire Doug Schoonover, more images from the 2014 Sun Valley ISHP meeting:

















