

ISHP Newsletter

Volume 29 #3

August 2019

**Idaho Society of
Health-System
Pharmacists**
Newsletter Volume 29 # 3



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President's Message

John Sullivan



This year has flown by for me. It seems like yesterday that we were in Sun Valley and then meeting in October to develop our strategic plan for the coming year. Our plan has included specific goals within the focus areas of advocacy and leadership, collaboration, engagement and education, and sustainability. The board has made great progress on the goals over the year. Some highlights are the development of the Professional Relations Committee which pulled together legal and public affairs and professional affairs into one group. The focus of these groups is often overlapping, combining the two has shown great benefit. Through this group we were able to provide the PAI workshop with support from ASHP. This has been a great initiative to promote ambulatory pharmacy in the state of Idaho. The next item is continued support of the I-Lead program. This has provided great opportunities for professional growth for those involved. I have appreciated the involvement of the fellows in this program and hope that their experiences have helped them grow in their careers. We have also had a re-invigorated focus on IPLC in the last few months. This group which has representation from ISU, ISPA, Idaho Board of Pharmacy, Legislature (Sue Chew), and ISHP has been a great platform for pharmacy in Idaho to have discussions regarding the direction of pharmacy for our state. It has been great to have this group back together. Lastly, we have done a lot of work on our sustainability. We have made great progress this year on policy updates, bylaw reviews, ACPE accreditation, ASHP re-affiliation, and others. These items are time intensive; we have had several members in addition to board members working on the maintenance of these items which has been a great opportunity for involvement.

As the year wraps up, I wanted to say a big THANK YOU to the ISHP Board, the ISU and Regional representatives, I-Lead fellows and mentors, ASHP delegates and Kent Quickstad. You have all put in a lot of time this year and I appreciate your dedication to the profession and the organization. It takes a team to accomplish all these tasks. I would also like to say THANK YOU to Caroline Merritt. As our Executive Director she puts in so much time keeping our organization on track, I can't express how much we appreciate you and your commitment to the organization. And finally, THANK YOU to the membership for your support of the organization. Let's enjoy Sun Valley!

**2018 – 2019 ISHP
Officers and Directors:**

President:	John Sullivan
President-elect:	Chris Oswald
Past President:	Rob Wills
Secretary/Treasurer:	Elaine Nguyen
Executive Director:	Caroline Merritt
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Programs:	Tyler Osgood
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Technician Representative:	Kathleen O'Dell
ISU College of Pharmacy Representative:	Jordan Ferro
Central Idaho Representative:	Vacant
Northern Idaho Representative:	Drew McMillan
Newsletter Editor:	Kent Quickstad
Website Chair:	Rob Wills
ASHP Liaison:	Anne Policastri

EZ contact information:

All of these Officers and Directors can now be reached at one place!

ishpcontact@gmail.com



*The mission of ISHP
is to promote the highest levels
of pharmacy practice by our
members*



ISHP Fall Meeting

October 11, 12 & 13

Sun Valley



ISHP Annual Fall Meeting – Sun Valley – October 11, 12 & 13, 2019!

**Tyler Osgood and Lindsay Crawford
ISHP Programs and Education Chairs**

Please note that we are meeting a little later this year to help you as well as ISHP save costs on attending and organizing this meeting. Thank you for your understanding!

The Education and Programs Committees are very excited for the upcoming Fall meeting in Sun Valley! We have great speakers and topics lined up. The finalized pharmacist and technician track schedules presented below. The student track schedule will be finalized soon! Thank you to the Board of Directors, Education Committee, ILEAD fellows and everyone who has helped us plan this meeting – it is going to be a great one! Another shout-out to Tyler Osgood, who has served 2 years in his position on the Board, and has worked hard on his famous trivia while also finding us great speakers for ISHP meetings -- Thank you Tyler! The new Programs Chair will be sworn in at the fall meeting. We look forward to seeing you there!

Registration and a link to Sun Valley lodging is now open at:

<https://ishp.wildapricot.org/event-3445961>

Pharmacist Track

Friday October 11

Application of Pharmacogenomics
Vancomycin AUC/MIC Doing
Ambulatory Care Practice Initiatives

Saturday October 12

Diabetes Update
CBD
Pharmacists Role in Contraception
Continuous Glucose Monitoring (CGM)
Hands on: CGM

Sunday October 13

Strategic Planning
I-LEAD Pearls Clinical Leadership
Pharmacy Law Update

Technician Track

Friday October 11

Pain Management
Asthma/COPD Review
Pharmacogenomics Patient Engagement

Saturday October 12

Mindfulness
CBD
Technician's Role in Medication Safety
Telemedicine
Oral Anticoagulation Update
Flu Update

Sunday October 13

Strategic Planning
I-Lead Pearls Clinical Leadership
Pharmacy Law Update



And then we can all go to the ISHP Spring meeting!

April 25 & 26, 2020

Saint Alphonse - Boise





And more Sun Valley stuff



Friday 4:30 pm– 6:30 pm
Welcome reception, Poster competition & Trivia

Saturday 7:30 am – 8:30 am
Industry spotlight breakfast

Saturday 12:00 pm – 1:15 pm
Member's business lunch, Awards and poster competition results

Saturday 5:00 pm – 6:00 pm
Past President's reception (by invitation only)

Sunday 8:00 am – 8:30 am
Continental breakfast

Nominate an ISHP Member for an Award!

Each year, ISHP recognizes pharmacy professionals for their outstanding work during our Annual Fall Conference in Sun Valley. Nominate your well-deserving colleagues for an ISHP Award!

The categories include:

- 2019 ISHP Pharmacist of the Year
- 2019 ISHP Pharmacy Technician of the Year
- Student Leadership
- Excellence in Research or Quality Improvement
- ISHP Excellence in Service

More information and nomination forms are available on the ISHP website at:

<https://ishp.wildapricot.org/page-1863692>

Present a poster!



Awards are given in each of the following categories:

Student/Resident, Technician and Pharmacist

Please complete the poster application, attach your abstract, and submit by **September 30, 2019.**

<https://ishp.wildapricot.org/page-1863687>



Legal and Public Affairs

Katie Erickson

Changes made this year to the Idaho statutes and rules have taken effect.

Most were highlighted in the last newsletter regarding extended pharmacist prescribing, the authority for pharmacists to finalize prescriptions as part of the drug therapy plan, and the creation of a multistate pharmacy licensure compact.

One new law that took effect July 1st includes the authority for pharmacy technicians to prescribe naloxone. Albertsons is leading the way by training 8 pharmacy technicians in the Boise area to be the first specially trained to prescribe naloxone with plans to train more technicians throughout the state. ISHP commends the pharmacy technicians who have stepped up to advance the practice and increase access to naloxone for our community.

The Board of Pharmacy is working on updating the rules and statutes for 2020 to be discussed further at their upcoming meetings 8/15/19 and 8/29/19. The changes are open for public comment either at a board meeting or via e-mail to the Idaho Board of Pharmacy. All proposed rule and statute changes may be found on the Board of Pharmacy [website](#) and below are a couple highlights to rule changes:

- Alternatives to pharmacist CPE: If audited, a pharmacist may substitute a current certification by a nationally accredited pharmacy practice-specific specialty certification program.
- Technician registration: It is proposed to consolidate technician registration to one category and removes technician certification requirements. There continue to be other requirements in the rules for technician registration such as: must be at least 16 years of age and a high school graduate or recipient of high school equivalency diploma or currently enrolled in good standing in a high school or college program. Technician candidates under the age of 18 are exempt from the fingerprint-based criminal history check requirement.

We encourage ISHP members to reach out with their input to these changes either in person at a Board of Pharmacy meeting or written comment via e-mail to ISHP or The Board.



Technician's Corner

Kathleen O'Dell

I hope you all have been enjoying the summer months! Even though I am sure you can't imagine it, our Fall 2019 conference is rapidly approaching (October 11th - 13th) and we have exciting tracks for you guys to gain some CE! [Early Registration is now open](#) so make sure to go sign up and check out the agenda offered with all the awesome classes. There is nothing better than learning about pharmacy in beautiful Sun Valley!

In case you haven't heard, Idaho is the first state to grant prescribing rights to pharmacy technicians for naloxone. Since the law went into effect July 1st, there have already been 8 technicians through Albertsons who have gone under this training and are actively prescribing. HUGE shout out to these technicians and the state of Idaho for continuing to lead the way in advancing the roles of technicians!

I hope you all continue to have a fantastic summer and I look forward to seeing all your faces in October!

ASHP House of Delegates Update



Idaho representatives Arielle Arnold and Paul Driver attended the ASHP House of Delegates in Boston this past June. They both attended the Caucus meeting to help formulate how they would vote on each of the policies and potential amendments. One policy in particular was discussed in some detail at Caucus, and once the item came the floor of the house a marathon debate took place. The policy in question was from the Council on Therapeutics named “Therapeutic Use of Cannabidiol”. The delegates debated back and forth on whether FDA oversight should be included in the language. The delegates at the first session of the house, after 90 minutes of debate, removed all regulatory language. However, the ASHP Board of directors opposed that deletion and put it back into the final policy. In the second session of the house, the delegates agreed to the change in language and passed the policy as amended by the Board. This policy is important as many states have marijuana dispensaries and patient bring these medications into the hospital because they are “Legal”. However, the FDA only has one approved product and dispensary products are not approved and have highly variable concentrations of CBD and THC. The unlabeled uses of CBD need further research. The only approved indications are in two forms of children’s seizure disorders. As we all are aware, THC is still not “legal”. So how does this effect Idaho? It effects the border communities primarily but may pertain to all of Idaho in the future.

The policy as approved reads:

To support continued education on the therapeutic uses adverse effects, and drug interactions of CBD; further,

To oppose use of CBD-containing products not regulated by the Food and Drug Administration; further,

To advocate for enhanced public education regarding safe use of CBD-containing products.

For more information about the ASHP House of Delegates, please see their webpage at:

[ASHP's House of Delegates webpage](#)



Idaho took 3rd place in the PAC donation competition behind Utah (1st) and Kansas (2nd). Utah won with an average donation of \$850, Kansas with \$600 and Idaho with \$500. The competition had about \$19,000 total donated.

Arielle and Paul receiving their award for placing in the PAC donation competition.

Student’s Corner

The White Coat ceremony for the incoming students for the class of 2023 will be held on August 14 at the Stephens Performing Arts Center in Pocatello.

The 2019 Pharmacy Recruiting and Exhibition Fair will be held on October 17 and 18 at the ISU Campus on Meridian.

I-LEAD Year One

Lindsey Hunt, I-LEAD Fellow 2018-2019



Wow! It has been a whirlwind with the pilot year of the I-LEAD program coming to an end. It has become more than what was originally envisioned and we are incredibly excited to see how Year Two of the program goes. The program pilot was approved by the Board at the strategic planning meeting in Fall 2017. Rob Wills, Leslie LaMontagne, Lindsay Crawford, Kris Lark, and I began a task force to develop this program starting in January 2018. The first class of fellows started in September 2018 and included the task force members and two additional fellows, Kathleen O'Dell and Justin Messenger. The teamwork and diversity of this group provided a unique canvas for our expanded leadership education. The best way to describe the successes of this year are through the original objectives of the program:

- 1. Provide cost-effective programming for pharmacy staff expressing interest in growing as a leader within their organization and within ISHP.**
 - *Cost-effective* - This program currently includes the cost of attending the ISHP meetings and the books. This is quite inexpensive when compared to ASHP Leadership Academy and others. There may be some grants pursued by program directors to continue to keep I-LEAD cost-effective for the fellows.
 - *Growing as a leader* - At least two of the fellows have moved into supervisory positions and at least three have moved into innovative pharmacy or educational positions in the time frame of January 2018 to now. This has provided us all work-place application of many of the concepts discussed and clear personal professional growth.
- 2. Encourage and provide resources for more pharmacists/technicians in Idaho to pursue local, regional, and national leadership opportunities.**
 - *ISHP opportunities* - The fellows have all participated in committee work which has expanded fellow knowledge regarding ISHP Board member positions and volunteer work. Several fellows have expressed interest in filling these positions in the coming years.
 - *Post graduate opportunities* – I-LEAD has partnered with University of Wyoming, Boise State University, and Idaho State University to offer credits toward various programs including MBA, MHA, and a Leadership Certificate. This collaboration has also allowed the I-LEAD to secure some excellent speakers for seminars.
- 3. Utilize novel technology platforms to encourage state-wide involvement in this leadership curriculum.**
 - *Novel technology* – This year the fellows used Zoom for all seminars and some committee meetings. Idaho State University also provided an educational platform, Moodle, for the fellows to use discussion boards and a place to store important information regarding the program.
 - *State-wide involvement* – The 2018-2019 year included involvement from a fellow and mentor from Idaho Falls. In addition, there was diversity in the programs represented from Boise – St Luke's, St. Alphonsus, and the VA. We are excited to report that the 2019-2020 year will include fellows from Eastern Idaho, Northern Idaho, and Boise.
- 4. Promote diversity of applicant (community, hospital, managed care, academia, technicians, etc.) and seminar leaders (within and outside of pharmacy) to encourage unique learning and networking opportunities.**
 - *Diversity of applicant* – The diversity of the fellows this year led to incredible discussions and perspectives that would have been lost had we chosen to include only those highly involved in ISHP to begin with or all “hospital pharmacists”. The applications received this year were from a variety of practice sites including inpatient, outpatient/ambulatory care, and two technicians. Candidates were selected in a way to promote the most diversity based on their background, goals and expectations.
 - *Diversity of seminar leaders* – A number of excellent leaders from both pharmacy and non-pharmacy backgrounds provided the fellows with leadership seminars. Six seminars were taught through the year – two were pharmacists.
- 5. Establish a conduit for the development of knowledge base and consequential innovation to promote positive pharmacy organizational growth.**
 - *Innovation* –The I-LEAD fellows focused on 3 major themes with their book club choices– Leading Self, Leading Others, and Leading Organizations. Pharmacy is changing at a rapid rate. We need strong pharmacy leaders at the table when decisions are made throughout the state, and we need pharmacy leaders ready to implement processes and motivate their teams. ISHP's investment in developing pharmacy leaders through programs like I-LEAD and at educational conferences show a commitment to the future leaders of the pharmacy profession.
 - *Positive pharmacy organizational growth* – I'm going to insert by subjective opinion on this one. My hope is that each fellow realizes what it means to be an “active member” of an organization. **You get what you give.** I-LEAD's success has been because of the Board Members who integrated the fellows into their committees/tasks, the mentors who provided guidance to the fellows, and the fellows' continuous contributions to ISHP. It doesn't require an official title or a Board Member position to positively impact an organization. Show up, participate, learn, mentor,

teach, advocate, listen, provide insight, etc. My hope is that we all come to recognize the need and significance of continued volunteer involvement in ISHP (and/or other professional pharmacy organizations we serve).

Thank you to everyone who made I-LEAD Year One more successful than we had originally imagined it would be.

I-LEAD Accepts New Class

The Idaho Pharmacy Leadership, Advancement & Development Program (I-LEAD) welcomed its new class of 2020 this month! Three Pharmacists and two Technicians round out the class of five that represent all corners of the state.

I-LEAD Class of 2020

1. **Lindsey Hippe, PharmD, BCPS** – Clinical Pharmacist St. Luke’s Boise Medical Center. Dr. Hippe has been with St. Luke’s serving in a clinical role since 2015 following a PGY1 residency at Virginia Mason in Washington State. Prior to that she completed her PharmD at WSU.
2. **Ianitza Bankova, PharmD, BCPS** – Clinical Pharmacy Specialist, TelePACT, VISN 20 V-IMPACT Hub, Boise VA. Dr. Bankova completed her PGY1 and PGY2 residencies at the Boise VA, also serving as the Chief Pharmacy Resident, following her completion of a PharmD at the University of Utah.
3. **Tiffany Louder, CPhT**, Mountain View Hospital. Ms. Louder has been actively involved with ISHP for a number of years. Prior to joining Mountain View, she worked with Albertsons’ Pharmacy and also completed an Associate’s Degree with Utah State University.
4. **Sarah Hanni, CPhT**, is the Lead Pharmacy Technician at Mountain View Pharmacy. Prior to her time there she served as a technician at both Walgreens and Walmart Pharmacies. Besides being a Certified Pharmacy Tech and Leader at Mountain View, Ms. Hanni is ACT certified and has completed Pharmacy Immunization Training, gaining certification in 2019.
5. **Anna Hoenke, PharmD**, Clinical Pharmacist at Kootenai Medical Center. Dr. Hoenke completed her PharmD at Ferris State University. During that time was accepted into the highly regarded DIRECT program at Munson Medical Center. Upon graduation she completed a PGY1 residency at Eastern Idaho Regional Medical Center.



And from the ISHP Office Executive Director’s Message

Caroline Merritt



As summer draws to a close, we are focused on preparing for our annual Fall meeting in Sun Valley. The ISHP Education Committee has put together another great program with tracks for both pharmacists and technicians. Pharmacist programs include Pharmacogenomics, Vancomycin AUC/MIC Dosing, Ambulatory Care Practice Advancement Initiatives, Diabetes Update, CBD Oil, and Continuous Glucose Monitoring, among others. Technician programs include Pain Management 101, Pharmacogenomics, Mindfulness, CBD Oil, Medication Safety, Telemedicine, and more.

Registration is now open through the link: [register](#) Also don’t forget to [reserve](#) your room in ISHP’s room block at the Sun Valley Resort.

Nominations for the 2020/2021 Idaho representative to the ASHP House of Delegates are open! Each year, Idaho elects one representative to serve a two-year term, representing Idaho on proceedings impacting the pharmacy profession nationally. If you’re interested in serving, please email ishpcontact@gmail.com. Elections will be held in January 2020.

It’s also membership renewal time for the majority of our members. When you receive the reminder email, please make sure to log on to your membership profile on the ISHP website and renew. Renewing now will give you a full year of membership and provide you with discounted registration for the ISHP Fall Meeting, which will more than pay for your membership. You’ll also receive additional discounts on drop-in education as well as other activities throughout the year. Thanks for being a member of ISHP!