

ISHP Newsletter

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**Idaho Society of
Health-System
Pharmacists**
Newsletter Volume 28 # 1



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President's Message



Much Ado about Idaho!

Last spring, I spoke about a climate change occurring within Idaho pharmacy practice. At the time much of state was still reeling from record setting snowfall (i.e., Snowmageddon!). Pharmacists and pharmacy technicians meanwhile were witnessing the passing of Idaho Pharmacy Rules allowing for the expansion of technician roles, including such things as vaccination administration and transfers of prescriptions. Pharmacist's opportunities also expanded with full prescribing power for helping with Tobacco Cessation.

Since those rules went into effect we have seen strong adoption across the state, both in community pharmacies as well as in health systems. As an example, a study published in the Journal of the American Pharmacy Association reported the results of training 25 pharmacy technicians to administer immunizations following a 2-hr home study, followed by 2-hours of live training. Over a 6-month period the trained technicians administered 953 immunizations with zero adverse events reported.¹

Feedback from pharmacies that have yet to adopt these new practices highlighted the need for additional education and training necessary to fully prepare pharmacy staff for these new roles. ISHP has since stepped up to meet this challenge by providing ACPE accredited education for technician vaccine administration and Pharmacist led Tobacco Cessation. ISHP also facilitated networking functions, allowing those wanting to start implementing tech vaccination administration or tobacco cessation programs to share what they have done to those wanting to start but not knowing where to begin.

Flashing forward to this spring we are now witnessing an even greater expansion of pharmacist's capabilities in terms of prescribing for devices, gaps in care and for minor complications. ISHP is again stepping up to help meet the challenge with quality ACPE accredited education for these areas starting with our Spring Conference in Boise this April 7th & 8th and also next fall in Sun Valley, at our annual conference September 28 – 30th. Check out the education section below for more information about our Spring Conference at Saint Alphonsus Regional Medical Center.

Special thanks goes to our Education Committee members led by Kasidy McKay and Tyler Osgood for putting together such fantastic conferences and helping us navigate these new practice areas.

Thank you, *Rob*

1. McKeirnan KC, Frazier KR, Nguyen M, MacLean L. Training Pharmacy Technicians to Administer Immunizations. JAPHA. Article in Press.
[http://www.japha.org/article/S1544-3191\(18\)30004-9/fulltext](http://www.japha.org/article/S1544-3191(18)30004-9/fulltext). Accessed 2.13.2018

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All of these Officers and
Directors can now be
reached at one place!

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*The mission of ISHP
is to promote the highest levels
of pharmacy practice by our
members*



ISHP Spring Meeting

Boise – Saint Alphonsus

April 7 & 8, 2018

From the ISHP Office - Executive Director's Message



Caroline Merritt

Legislative Day at the Capitol

The Idaho Legislature's 2018 session is in full swing and ISHP has been actively engaged with our lawmakers. On January 15th, ISHP, along with the Idaho State Pharmacy Association (ISPA) and the ISU College of Pharmacy, collaborated on Pharmacy Day at the Capitol to promote pharmacy practice and support legislative efforts that will significantly impact how you practice for years to come. ISHP co-hosted an informational table to educate legislators on how health-system pharmacists contribute to the health care industry in Idaho. ISU Pharmacy students were also on hand to present their research posters to legislators and provide immunizations.

The day concluded with a Legislative Reception at Beside Bardenay. This reception provided an opportunity for our members to talk with legislators and explain the challenges and opportunities in the pharmacy industry.



Legislative Update

Earlier this month, both the House and Senate Health and Welfare committees approved the Board of Pharmacy's proposed rules governing the expansion of pharmacists' prescriptive authority. Areas include:

- 1) **Prescribing for devices** (inhalation spacers, insulin pen needles, BG testing supplies, nebulizer)
- 2) **Prescribing for minor conditions** (lice, cold sores, motion sickness)
- 3) **Prescribing based on CLIA-waved test** (influenza, Strep A)
- 4) **Prescribing for clinical gaps in care** (Statins and short-acting beta agonist inhalers).

As part of this expanded prescribing authority, pharmacy stakeholders are collaborating on evidence-based protocols for prescribing. For those interested in participating in this process, the Idaho Board of Pharmacy will hold its next Protocol Workshop on February 22nd to discuss the UTI protocol.

Industry Partner Reception

ISHP hosted our annual Industry Partner Reception on January 31st at Telaya Wine Company in Garden City. The reception was our Board of Directors' opportunity to say thank you to our pharmaceutical and medical device industry partners who support our association. It is because of our partners who step up to sponsor our Spring and Fall conferences each year that we are able to serve our members all year long.

Caroline

St. Luke's Treasure Valley celebrates Les Gieselman's career



Long time ISHP member, past Board member and ISHP's coordinator of Poison Prevention Week, Les Gieselman recently retired from St. Luke's. Les, (the tall one center front wearing the vest) surrounded by many of his St. Luke's colleagues and ISHP members, started his career as a pharmacist on 12/12/77 and has retired after 40-plus years of service. Les has dedicated much of his career in oncology and has served on countless hospital committees and numerous initiatives to provide optimal patient care. Great stories were shared and commemorated at the retirement party held on January 12th. Thank you Les for everything that you have done and all of your positive contributions. We wish Les the best on his next adventure (which may have something to do with fish) and look forward to continuing seeing him at ISHP meetings.

ISHP Spring Meeting April 7 & 8, 2018

Saint Alphonsus Regional Medical Center

Boise, Idaho



The Spring Meeting will focus on the **advancement of pharmacy practice** and preparing pharmacists and technicians with the skills and knowledge to provide expanded services. Erin Fox from the University of Utah will be the keynote speaker presenting a talk on drug shortages entitled "**Drug Shortages – Current State and Minimizing Impact**". A problem we are all fighting with day to day! Because of the overwhelming interest and positive reception at the Fall Meeting, we plan reprise the **smoking cessation workshop** to pharmacists and **immunization certification workshop** to technicians for those who were unable to attend in the fall. Alex Adams from the Board of Pharmacy will be back with us to present his ever-popular Pharmacy Law Update. Stick around after the meeting on Saturday for some networking and socialization at a reception right in the hospital. We look forward to seeing you at the Spring Meeting!

Registration for the meeting is now open on the ISHP website!

<http://www.ishp.shuttlepod.org>

Posters at the Spring Meeting!

Present a poster...show your colleagues all of the great work you are doing.



Legal and Public Affairs Update

Katie Erickson

The legislative session is well under way. The Idaho House and Senate Health and Welfare committees approved the Board of Pharmacy rules rewrite. The approved rules include 6 distinct chapters and will be effective July 1, 2018:

1. General Provisions
2. Rules Governing Licensing and Registration
3. Rules Governing Pharmacy Practice
4. Rules Governing Pharmacist Prescriptive Authority
5. Rules Governing Compounding
6. Rules Governing DME, Manufacturing, and Distribution

Some of the most noteworthy changes are in Chapter 2 and Chapter 4. The approved version of Chapter 2, licensing and registration, removes the separate pharmacist controlled substance registration changing the pharmacist renewal fee to \$130 with the renewal deadline as the last day of the individual's birth month. This chapter also changes pharmacist CPE requirements to 15 general hours with at least 12 ACPE approved and a maximum of 3 from CME within the calendar year. The approved pharmacist CPE renewal requirements read:

PHARMACIST LICENSE RENEWAL: CPE REQUIREMENTS.

Each pharmacist applicant for license renewal must complete fifteen (15) CPE hours each calendar year between January 1 and December 31.

01. ACPE. At least twelve (12) of the CPE hours obtained must be from programs by an ACPE that have a participant designation of "P" (for pharmacist) as the suffix of the ACPE universal program number. ACPE credits must be reported to and documented in CPE Monitor in order to be accepted.

02. CME. A maximum of three (3) of the hours may be obtained from CME, if the credits are:

- i. Obtained from an ACCME accredited provider; and
- ii. A certificate is furnished that identifies the name of the ACCME accredited provider and a clear reference to its accreditation status, the title of the CME program, the completed hours of instruction, the date of completion, and the name of the individual obtaining the credit. All CME certificates must be submitted to the Board between December 1 and December 31.

Chapter 4 on pharmacist prescribing was approved to expand Idaho pharmacist's ability to prescribe for the following:

- Minor conditions (lice, cold sores, motion sickness prevention, uncomplicated UTI)
- CLIA-waved test (influenza, Strep A)
- Clinical gaps in care (statins for patients with diabetes and short-acting beta agonist inhalers)
- Devices (inhalation spacers, pen needles, syringes for diabetes, BG testing supplies, nebulizer)
- Travel drugs (any non-controlled medication recommended for travel outside of the US listed in the CDC Health Information for International Travel)
- Supplement an infusion order (heparin flush, infusion pumps, tubing, filters, local anesthetics for IV port access)
- Emergency situations (diphenhydramine, epinephrine, and short-acting beta agonists)
- Lyme disease prophylaxis

The next steps on Idaho pharmacist prescribing are to attend protocol writing sessions on February 7th, February 22nd, and March 13th from 6-8 pm at the Board of Pharmacy 1199 Shoreline Ln 3rd floor Public Conference Room. Your input is appreciated to help create evidence-based protocols for pharmacist prescribing.

For an up to date schedule of the Idaho Board of Pharmacy Board and Protocol Workshop meetings, please go their website at:

https://bop.idaho.gov/board_meeting/

On a federal level, provider status under The Pharmacy and Medically Underserved Areas Enhancement Act (Senate Bill 109/HR 592) has not been voted on yet and could continue to use your support in [reaching out](#) to your Idaho Senators and Representatives.

Lastly, drug shortages such as small-volume parenteral solutions continue to be a problem that threatens our ability to provide safe and effective patient care. We cannot wait for this problem to become any bigger. Please share your concern and [call to action](#) with members of congress to help solve this problem.

Katie

2018 Idaho ASHP House of Delegates Election Results



Congratulations to former ISHP president and Clinical Coordinator at St. Joseph's Regional Medical Center, **Paul Driver**, for being elected to serve as the **Idaho representative for the 2018 & 2019 sessions of the ASHP House of Delegates**. Paul will be joining current delegate, **Lindsey Hunt**, Telehealth Clinical



Pharmacy Specialist at the Boise VA, who is beginning her second year as a delegate. Thank you to **Arielle Martin**, Clinical pharmacist at St. Alphonsus Regional Medical Center, who will serve as an alternate delegate for Idaho. The alternate delegate will stand-in for the elected delegates if they cannot be present or are unable to perform their duties.

The House of Delegates (HOD) is the policy making body of ASHP. The House will convene during the ASHP Annual meeting next June in Denver. Prior to the national meeting, Paul and Lindsey will have the opportunity to attend one of the Regional Delegate Conferences (RDCs) held across the country where smaller groups of delegates discuss issues prior to the House of Delegates.

Delegates will provide the membership with regular updates regarding the policies under consideration and encourage pharmacists to contact either or both delegates with questions, comments, or concerns.

Lindsey Hunt, Delegate 2017-2018 Lindsey.Hunt@VA.gov
Paul Driver, Delegate 2018-2019 Paul.Driver@sjrmc.org

For more information on the ASHP House of Delegates, the role of the delegate, the policy making process, or other activities, please go to the ASHP Delegate Webpage:

<https://www.ashp.org/house-of-delegates>

Technician's Corner

Happy 2018 Technicians!

Kathleen O'Dell - ISHP Technician Representative



As you all know our **spring conference** is rapidly approaching and we are promising a great **Technician Track** jam packed with all the CE credits your heart desires- so be sure and watch for the Early Bird registration email that will be arriving in your inbox soon. We are bringing back the **Immunization class** for any of you who couldn't make it to Sun Valley this year, so let's get more of you technicians certified to administer flu shots! For those of you interested in any feedback or articles regarding technicians and flu shot administration, there is a great article by Alex Adams that you can read here: <http://www.ajhp.org/content/74/24/2033?sso-checked=true>

As the roles of technicians continue to advance, it will be important for us to stay current with any **new policies or regulations** that may get released. An ever growing and changing area of pharmacy will always be our **Sterile Compounding field** and all the moving targets that are tied to it. The National Pharmacy Technician Association (NPTA) shared a great article about the FDA's plan to release some new compounding policies which you can read and enjoy here: <https://www.fda.gov/NewsEvents/Newsroom/FDAInBrief/ucm592610.htm>

As always, please don't hesitate to share a CE class you would like to see in the future, any great articles you find regarding the advancement of technicians or simply any feedback you would like to share regarding our conferences!

See you in April!

Kathleen



Student's Corner

Heather Shannon and Clint Housley – ISHP Student Representatives

ISU student pharmacists played prominent roles at **the Legislative Day at the Capitol** on January 16th. It was a great success! Students performed more immunizations, blood glucose and cholesterol screenings than past years. Student also had the opportunity to speak with legislators about our profession and the great things that are happening in Idaho for pharmacy.

In December, at the **ASHP** meeting in Orlando, **Heather Walser (P4) and Jason LaFlamme (P4)** represented ISU in the **National Clinical Skills Competition**. They had a fantastic experience and were pleased to meet and mingle with competitors across the nation. University of Pittsburgh School of Pharmacy took home 1st place. Great job to all the Student Pharmacists who participated this year!

ISU College of Pharmacy is hosting two fundraisers in February to aid in funding the Patient Care Operations for the school. These operations give Student Pharmacists the opportunity to give immunizations, talk to middle schools about dangers of prescription drugs, be a part of drug take back day, conduct glucose screenings, and much more services for the public. All are welcome to these events. There will be a lot of food, laughter, trivia and loads of fun! Join ISU student pharmacists in helping our communities!



Annual Spaghetti Feed & Trivia Extravaganza
benefitting *Make-A-Wish* and the Professional Pharmacy Student Alliance

POCATELLO

Friday, February 9th @ 6pm
ISU Ballroom
1065 Cesar Chavez
Pocatello, ID 83209

ISU's Pocatello campus held their 25th annual Spaghetti Feed this weekend to raise funds to support our community outreach as well as our Make-a-Wish child, Logan! Many people came out for the occasion and were very generous in donating to our cause. On behalf of the students at Idaho State University we would like to thank all the donors for their continual support. Your kindness and generosity are greatly appreciated.



MERIDIAN

Friday, February 23rd @ 6pm
West Ada District Auditorium
1303 E. Central Dr.
Meridian, ID 83642

Best regards,

Heather & Clint

Although Sun Valley continues with its remodeling,
ISHP will be back next fall.

Mark your calendars for the 2018 Annual Fall Meeting:
September 28, 29 and 30

Please note – the Sun Valley meeting dates published in the November ISHP newsletter,
have been changed.



September 28, 29 and 30 are the correct dates for next fall.

Our apologies for any confusion!

