# **Blood Products**

Albumin, IVIG, and Factor

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# Objectives

- Appreciate the progression of blood product development and the advances made to decrease the risks associated with them
- Understand the function and clinical applications of albumin
- Understand the importance of proper dosing, product selection, and proper preparation of IVIG products
- Understand what factor products are, why they are used, and the general difference between products

#### History of Blood Products

- WWII era Albumin and dried plasma were vital elements to treat wounded soldiers
  - Around the same time, the Cohn process was developed to separate products in plasma

• 1952 - Treatment of immune deficiency using

immune globulin

- 1960s Preparations of clotting factors VIII and IX developed
- 1980s Transmission of viruses by plasma products discovered



Franklin D. Roosevelt Library Public Domain Photographs, compiled 1882 - 1962 (ARC identifier: 19530

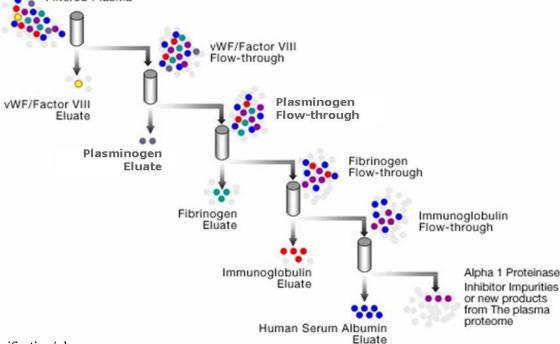
# Why are they so special

#### Production

 Plasma derived products made from pooled plasma from 2,000-30,000 donors

Plasma has to be fractionated into its different protein

components.



# Safety and Tracking

- Blood exposure to >2000 people!
  - Initial screening of donors
  - Inactivation processes
    - Wet and dry heat
    - Filtration
    - Solvents/detergents
    - Psoralens + UVA light
- Track product/lot # so if anything happens, can report to manufacturer and MedWatch



- What is Albumin?
  - Normal blood protein, produced by the liver
    - Colloid (rather than Crystalloid)
  - Makes up ~50% of the plasma protein in blood
  - "Plasma Volume Expander"
    - Increase plasma volume 3.5x the volume infused
  - Transport Protein
    - Binds and transports various blood components, drugs, and toxins



# History

- First documented clinical use on December 8, 1941
- Approved by FDA in 1942
- Originally was derived from bovine serum
- Although no conclusive evidence was ever discovered, bovine albumin was abandoned in 1943 due to concerns of serum sickness



# Preparations

#### Albumin 5%

- Oncotic pressure similar to that of normal plasma
- Use in patients that need additional volume
- REPLACE VOLUME



#### Albumin 25%

- Oncotic pressure much higher than normal plasma
- Use in patients that can't handle additional volume
- REDISTRIBUTE VOLUME



#### Some Indications

- Shock\*:
  - Hemorrhagic: Usually use 5% albumin
  - Non-hemorrhagic: Usually use 25% albumin
- Burns\*:
  - Given after 24 hours, with >30% surface burns
- Plasmapheresis:
  - Large volume plasma exchange only (>20 mL/kg)
- Nutritional Support: NO!

# Preparation

- Reconstitution:
  - May dilute 25% human albumin with NS or D5W to obtain 5% human albumin in time of shortage
- Do NOT use sterile water as diluent
  - Potential for fatal hemolysis & ARF



#### Administration

- For IV administration only
- Use within 4 hr after opening vial; discard unused portion
- Record product and lot number with each administration



#### Storage

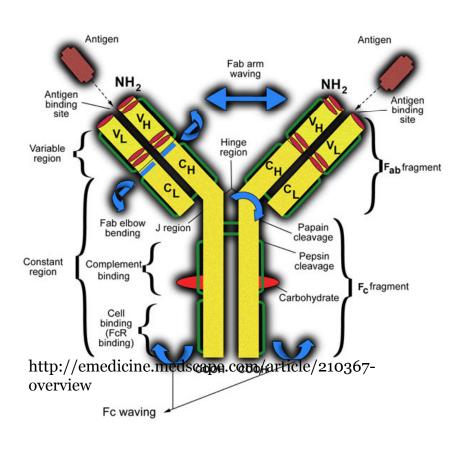


- Store at <30°C</li>
   (86°F); do not freeze
- Do not use solution if turbid or contains a deposit
- Use within 4 hr of opening vial; discard unused portion

# Intravenous Immune Globulins (Immunoglobulins, IVIG)

- What are immune globulins? ANTIBODIES
  - Y-shaped proteins produced by B-cells as part of the adaptive immune system that aid in *antigen recognition* and immune system *modulation*.

Type	Description		
IgA	Found in mucosal areas; Protect against outside foreign substances (10%)		
IgG	In all body fluids, smallest Ig, cross placenta; fight bacteria/viruses (75%)		
IgM	In blood and lymph; first response to infection (5%)		
IgE	Found in lungs, skin, mucous membranes; allergic reactions		
IgD	Unknown function		



#### **IVIG = IgG (mostly)**

- Pooled from the plasma of thousands of donors
- Also may be trace amount of IgA and IgM in IVIG preparations
- IgG has intact Fc region that allows for interaction with B cells, phagocytes, and plasma proteins

- **1952**: First used to treat immune deficiency
  - " "Replacement Dose": 200-400 mg/kg q 3-4 wks
- <u>1981</u>: Effective in autoimmune idiopathic thrombocytopenic purpura (ITP)
  - " "High Dose (Immunomodulatory)": 2 g/kg/month



http://www.bloodystoolcauses.com/wp-content/uploads/2011/07/Purpura.jpg

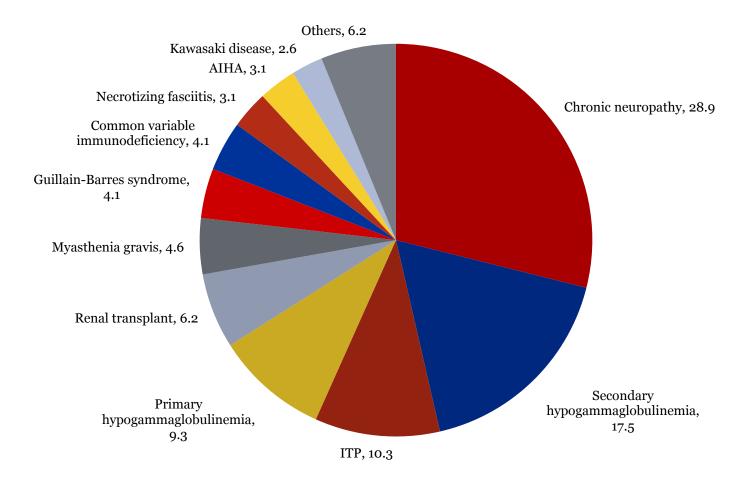


http://www.bitkiseltedavi.com/class/INNOVA Editor/assets/purpura.jpg

- **Uses**: "Multiple immune deficiency, autoimmune, infectious, and idiopathic diseases"
- **FDA Indications**: This does not include multiple guideline recommendations for off-label use in hematology, infectious disease, neurology, pulmonology, rheumatology, etc.
  - Allogeneic bone marrow transplant
  - Secondary immunodeficiency in Primary immunodeficiency chronic lymphocytic leukemia
  - Common variable immunodeficiency (CVID)
  - Chronic inflammatory demyelinating polyneuropathy (CIDP)
  - Renal transplant with high-Ab-

- recipient, or ABO incompatible donor
- disorders
- Immune thrombocytopenia (ITP)
- Kawasaki disease
- Hematopoietic stem cell transplant in adults
- Pediatric HIV-1 infection

Darabi K, Abdel-Wahab O, Dzik WH. Current usage of intravenous immune globulin and the rationale behind it: the Massachusetts General Hospital data and a review of the literature. Transfusion 2006; 46:741.



#### Cost

- Cost per gram (2006): \$50 \$80
- MGH treated ~200 patients over the course of this study's data collection period for a cost of \$4 million (US)
- Canadian study estimated cost of treating ONE chronic neuropathy patient to be ~\$70,000 per year.

Darabi K, Abdel-Wahab O, Dzik WH. Current usage of intravenous immune globulin and the rationale behind it: the Massachusetts General Hospital data and a review of the literature. Transfusion 2006; 46:741.

#### Production



- Plasma Donation
- Isolation of Ig
- Purification of IgG
- Sterilization

# Preparations:

Product	Indications
Carimune NF (lyophilized)	PID, ITP
Flebogamma 5% DIF (liquid 5%)	PID
Gammagard (liquid 10%)	PID, MMN
Gammagard S/D (lyophilized)	PID, ITP, CLL, KS
Gammaplex (liquid 5%)	PID
Gamunex-C (liquid 10%)	PID, ITP, CIDP
Octagam (liquid 5%)	PID
Privigen (liquid 10%)	PID, ITP

PID = Primary Immune Deficiency

ITP = Idiopathic Thrombocytopenic Purpura

CLL = Chronic Lymphocytic Leukemia

KS = Kawasaki Syndrome

MMN = Multifocal Motor Neuropathy

CIDP = Chronic Inflammatory Demyelinating Polyneuropathy

#### **Preparations**

For product-specific comparisons, visit:

 http://www.ashp.org/s ashp/docs/files/DShort IVIGsidebysideupdatedDeco7.pdf

Excellent reference with indications, stability, administration rates, content/characteristics (IgA, albumin, sugar, sodium, pH, osmolarity)

May be slightly out of date (2007)

#### Dosing / Administration

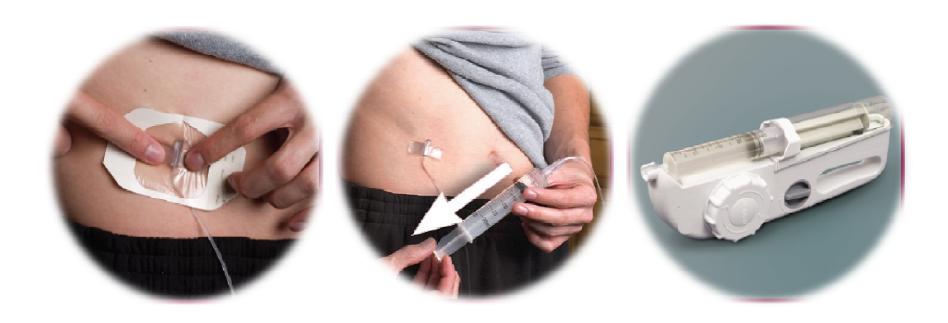
#### Low Dose (Deficiency)

- 300-500 mg/kg every three to four weeks (IBW)
- Doses often rounded to accommodate vial size
- Patient may infuse at home after initial infusion
- **Route**: SC/IM/IV

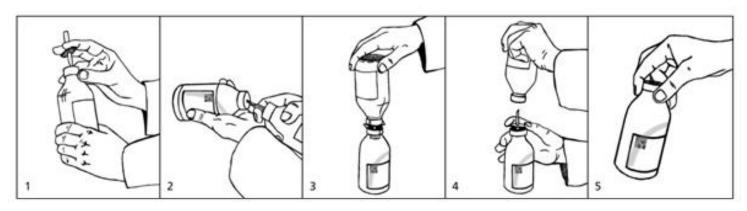
#### **High Dose (Modulation)**

- 2 g/kg per treatment, i.e. monthly (IBW)
- Doses often rounded to accommodate vial size
- Separate doses if patient unable to tolerate side effects
- **Route**: IV

<u>Filtration</u>: Required for Gammagard S/D & Octagam 5%, optional or recommended for others... Best practice to filter all IVIG?



#### Reconstitution



- Use provided diluent and transfer sets if provided, unless otherwise indicated by physician/pharmacist
  - Patient factors may require alternate diluent (D5W vs NS) or diluent volume (higher concentration)
  - Check package insert before using diluent other than those provided!

#### Reconstitution



- Swirl gently, DO NOT SHAKE
  - May take up to 20 minutes to dissolve
  - Shaking will cause foaming and may inactivate the immune globulin in solution

#### Reconstitution

- Always observe for particulate matter or discoloration
- May combine multiple vials (not different products) in empty sterile glass/plastic IV container
- Do not mix liquid preparations with IV fluids
  - Note: Some liquid preparations may be diluted if necessary, usually with D5W, but you should first consult package insert

# Storage

Product	Storage	Reconstituted	
Carimune NF (lyophilized)	<b>Room Temp</b>	Refrigerate (24 hours)	
Flebogamma 5% DIF (liquid 5%)	Room Temp	N/A	
Gammagard (liquid 10%)	Room Temp	N/A	
Gammagard S/D (lyophilized)	Room Temp	Refrigerate (24 hours)	
Gammaplex (liquid 5%)	Room Temp	N/A	
Gamunex-C (liquid 10%)	Refrigerate (36 months), Room Temp (6 months)		
Octagam (liquid 5%)	Refrigerate (24 months), Room Temp (18 months)		
Privigen (liquid 10%)	Room Temp		

#### DO NOT FREEZE ANY IVIG PREPARATIONS!

#### Administration

Product	Max Rate	Renal Rate	Filter
Carimune NF (lyophilized)	See insert	< 2 mg/kg/m	No
Flebogamma 5% DIF (liquid 5%)	0.1 mL/kg/m	< 0.06 mL/kg/m	Rec
Gammagard (liquid 10%)	5 mL/kg/h	< 2 mL/kg/h	Opt
Gammagard S/D (lyophilized)	*4-8 mL/kg/h	*< 2-4 mL/kg/h	Yes
Gammaplex (liquid 5%)			
Gamunex-C (liquid 10%)	o.o8 mL/kg/m	< 0.08  mL/kg/m	No
Octagam (liquid 5%)	o.o7 mL/kg/m	< 0.07 mL/kg/m	Yes
Privigen (liquid 10%)	^0.04-0.08 mL/kg/m	< 0.02 mL/kg/m	No

<sup>\* =</sup> Dependent on 5% or 10% concentration (after reconstitution)

<sup>^ =</sup> Dependent on indication

# Safety Concerns

#### • Patient Factors:

Contraindications, age, comorbidities, precautions

#### Product Factors:

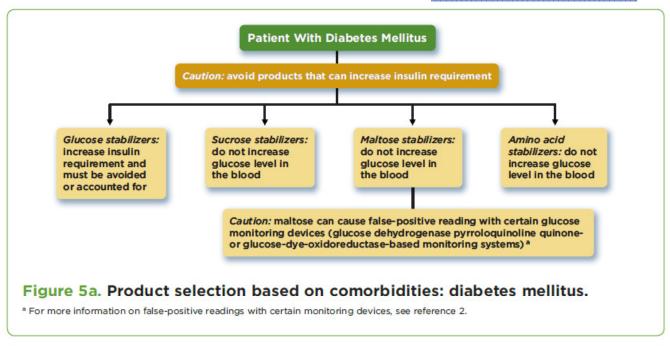
- Volume, osmolarity, IgA content, sodium content, sugar content, stabilizer, pH
- **Indication**: Approved? Literature?
  - Find your hospital policy i.e. case-by-case approval, P&T committee approval, etc.

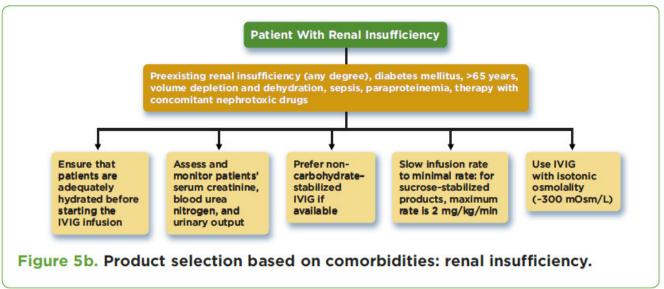
# Safety Concerns

- **Contraindications**: IgA Deficiency
- Age: Neonatal vs. Geriatric
- <u>Comorbidities</u>: Diabetes, renal insufficiency, history of thrombotic disease
- **Obesity**: IBW for patients with BMI >30 or weight >100kg
- <u>Rate</u>: Consider 15-30 minute infusion for observation/monitoring

Table 2. Pharmaceutical Aspects of IVIG: Osmolality/Osmolarity, Sodium Content, and Stabilizer

Product	Osmolality/Osmolarity	Sodium Content	Stabilizer
Carimune NF, CSL Behring (lyophilized)	In water: 3%, 192 mOsm/L; 6%, 384 mOsm/L In saline: 6%, 690 mOsm/L; 12%, 1,074 mOsm/L	0%-0.9%, depending on diluent	10% sucrose at 6% concentration
Flebogamma 5% DIF, Instituto Grifols (liquid 5%)	240-370 mOsm/L	<3.2 mmol/L	5% p-sorbitol
Gammagard, Baxter Healthcare (liquid 10%)	240-300 mOsm/kg	Trace	No sugar (glycine based)
Gammagard S/D, Baxter Healthcare (lyophilized)	5%, 636 mOsm/L; 10%, 1,250 mOsm/L	0.85% at 5% concentration	2% glucose
Gammaplex, Bio Products (liquid 5%)	480 mOsm/kg	Approximately 40 mmol/L	Sorbitol, glycine
Gamunex-C, Talecris (liquid 10%)	258 mOsm/kg	Trace	No sugar (glycine based)
Octagam, Octapharma (liquid 5%)	310-380 mOsm/kg	<30 mmol/L	10% maltose
Privigen, CSL Behring (liquid 10%)	240-440 mOsm/L	Trace	No sugar (L-proline based)





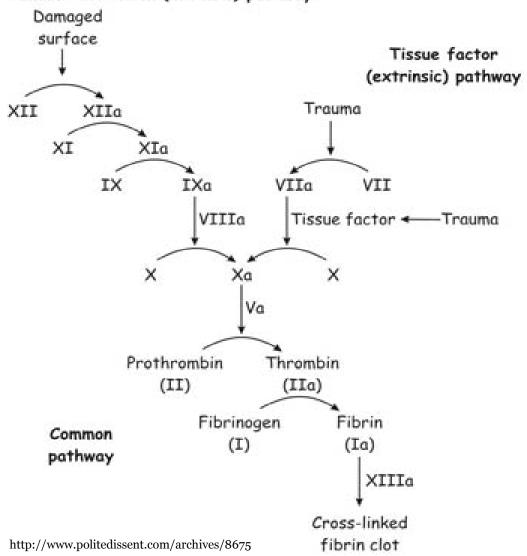
# Clotting Factor

#### **Factor**

- Specific one or combination of clotting factors isolated from human plasma or prepared by recombinant DNA technology
- Used for:
  - Hemophilia A, B, and acquired
  - Von Willebrand Disease
  - Reversal of anticoagulants
  - Other clotting factor deficiency diseases

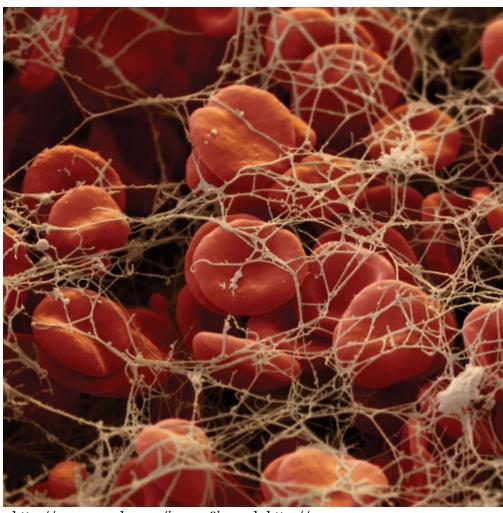
# What are Clotting Factors

#### Contact activation (intrinsic) pathway



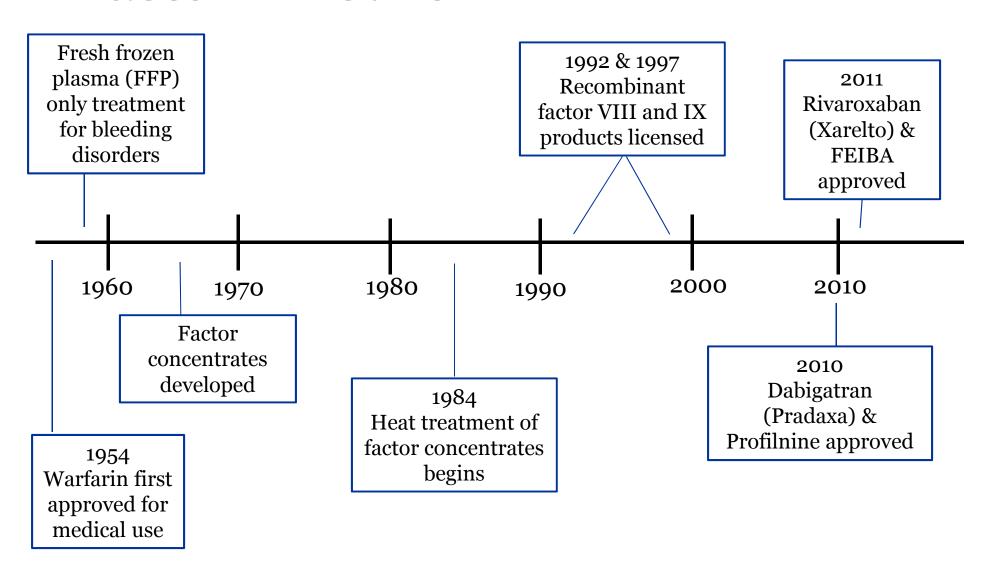
- Substances in blood plasma involved in producing a blood clot
- Coagulation cascade depicts interactions between different clotting factors to form fibrin, part of a blood clot

# **Blood Clot**



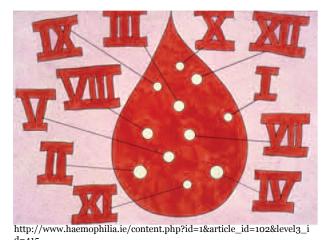
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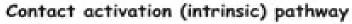
### **Factor Timeline**



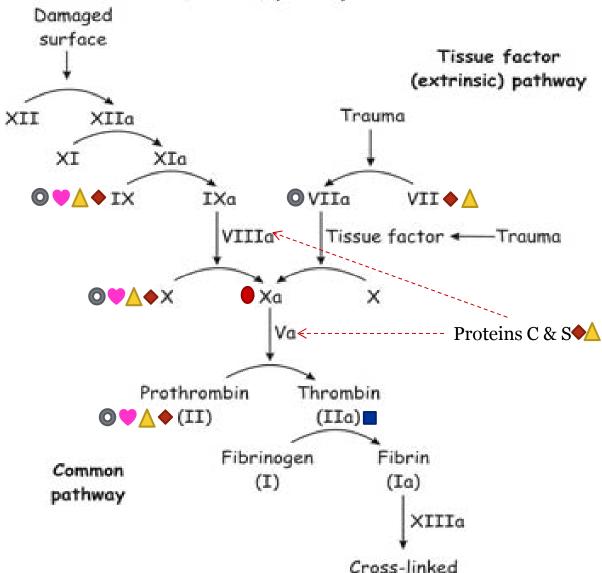
### **Factor Products**

- Combinations
  - Kcentra (PCC: II, VII, IX, X, proteins C & S)
  - Profilnine (Factor IX complex: II, IX, and X)
  - Humate-P (VIII and von Willebrand)
  - FEIBA (II, IX, X, VIIa)
- Specific Factors/Proteins
  - Protein C (Ceprotin)
  - Factor XIII (Corifact)
  - Factor IX (Mononine)
  - Antithrombin (Thrombate III)
  - Factor VIII (Antihemophilic Factor)





http://www.politedissent.com/archives/8675



fibrin clot

- Rivaroxaban/Apixaban
- Dabigatran
- **♦** Warfarin
- **△**Kcentra
- Profilnine
- FEIBA

## Preparation & Administration

- Preparation is agent specific, but in general:
  - Use the provided diluent
  - Do not shake
  - Do not freeze
  - Do not tube
  - Do not drop
- Administration
  - Slow IV infusion completed within 3 hours of reconstitution

#### **FEIBA**



https://healthy.kaiserpermanente.org





**Profilnine** 

## Money, Money!

### Cost

- FEIBA
  - General dose: 50-100 units/kg Q12H
  - Price: \$1.60/1 unit
- Profilnine
  - General dose: 25-70 units/kg OT
  - Price: \$0.96/1 unit

### **Example: 80kg person**

- FEIBA: \$12,800/dose our cost
  - Patient cost \$24,960/dose
- Profilnine: \$3,840/dose our cost
  - Patient cost \$11,160/dose

### Conclusion

- Blood products are products of necessity that have been advanced significantly in the past decade
- Albumin, IVIG, and Factor products all serve unique roles of normal blood
- Each product has specific preparation, administration, and storage requirements

## Questions

- What are blood products derived from (more specific than blood...)?
- Which of the following would be the least likely appropriate indication for albumin use?
  - 1. Malnutrition
  - 2. Volume replacement
  - 3. Severe burn
  - 4. Shock

## Questions

- What should you know about shaking IVIG products in either the preparation or transport/delivery to the patient?
  - 1. This may cause them to 'explode' (like a soda bottle) upon administration to the patient.
  - 2. This will help the products dissolve faster, as they can sometimes take up to 20 minutes to do so.
  - 3. Liquid IVIG products may be shaken, but powder for reconstitution should be handled more delicately.
  - 4. All IVIG formulations should not be shaken as this can lead to foaming and potentially affect stability of the product.
- What was a major risk associated with clotting factor concentrates before heat treatments began to be used in their preparation in 1984?

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